

Pos	Num	First Name	Surname	Club	Cat	Time
1	103	Matthew	Lambert	Richmond & Zetland Harriers	MOpen	00:34:51
2	137	Barney	Plummer	Helm Hill	MOpen	00:35:32
3	131	Josh	Pearson	Crook AC	MOpen	00:35:36
4	61	Marc	Ellis	Quakers RC	MV50	00:37:26
5	193	Brian	Pennington	Howgill Harriers	MV40	00:38:19
6	176	Richard	Trowles	Aycliffe RC	MV40	00:39:17
7	109	Joshua	Mawer	Teesdale AC	MOpen	00:39:17
8	24	Kim	Brown	None	MV50	00:39:20
9	74	James	Grinbergs	Eden Runners	MV40	00:39:29
10	154	Mark	Sandamas	Barlick Fell Runners	MV50	00:39:50
11	146	Betty	Richardson	Keswick AC	FOpen	00:39:53
12	170	Mikey	Taylor	None	MOpen	00:40:15
13	19	Craig	Bottomley	Eden Runners	MOpen	00:40:25
14	3	David	Aiken	Quakers RC	MV40	00:40:28
15	107	Nettleton	Mark	Barton & District A C	MV50	00:40:42
16	160	Graeme	Sibson	Keswick AC	MV50	00:40:45
17	133	Chris	Phelan	Eden Runners	MV60	00:40:56
18	126	Ben	Papworth	Barton & District AC	MOpen	00:41:28
19	49	Rob	Dent	Quakers RC	MV40	00:41:31
20	23	Andrew	Brown	None	MOpen	00:41:57
21	13	Rhys	Beddoe	Howgill Harriers	MOpen	00:42:02
22	196	Carl	Bradford	Keswick AC	MV50	00:42:20
23	187	Graeme	Wishart	None	MV40	00:42:39
24	120	Paul	Nelson	Howgill Harriers	MV50	00:42:43
25	194	Martin	Spooner	Howgill Harriers	MV40	00:42:46
26	8	David	Baglee	Eden Runners	MV60	00:43:10
27	192	Andrew	Walsh	Wetherby Runners	MV40	00:43:32
28	117	Paul	Morris	Keswick AC	MV70	00:43:45
29	70	Rob	Gillham	Quakers RC	MV50	00:43:53
30	7	Aaron	Baglee	Eden Runners	MV50	00:43:59
31	110	Nigel	Mawer	Teesdale AC	MV50	00:44:08
32	6	James	Atkinson	Quakers RC	MOpen	00:44:18
33	87	Rebecca	Howard	Quakers RC	FOpen	00:44:24
34	143	Martin	Randall	Swaledale Road Runners	MV50	00:44:36
35	72	Ian	Grayson	None	MV50	00:44:40
36	75	Kerry	Grinbergs	Eden Runners	FV40	00:44:53
37	90	Joel	Ingham	None	MOpen	00:45:03
38	71	Andy	Goodair	Askern District RC	MV50	00:45:23
39	56	Christopher	Dowling	Quakers RC	MV50	00:45:38
40	158	James	Saxon	Eden Runners	MV40	00:45:42
41	96	Helen	Keats	Malvern Buzzards	FV40	00:45:54
42	163	Mark	Sowerby	Swaledale Road Runners	MV50	00:45:57
43	93	Mike	Innerdale	Eden Runners	MV50	00:46:00
44	11	Tom	Baines	None	MOpen	00:46:03
45	179	Bob	Walsh	None	MV40	00:46:05
46	37	Hannah	Cole	Keswick AC	FV40	00:46:12
47	147	Sean	Robinson	Howgill Harriers	FV40	00:46:14
48	22	Karen	Bridge	Eden Runners	FV50	00:46:17
49	174	Jonathan	Tombs	Eden Runners	MV50	00:46:23

50	108	David	Martin	Howgill Harriers	MOpen	00:46:50
51	119	Trevor	Needham	Aycliffe RC	MV60	00:47:05
52	47	Hazel	Davies	Keswick AC	FV50	00:47:06
53	150	David	Roper	Howgill Harriers	MV60	00:47:36
54	144	David	Raymond	Teesdale AC	MV50	00:47:57
55	97	Susan	Keefe	Howgill Harriers	FV40	00:48:02
56	172	Michael	Thompson	Quakers RC	MV50	00:48:10
57	16	Dave	Blewitt	Aycliffe RC	MV50	00:48:20
58	77	Katherine	Hackett	Quakers RC	FV40	00:48:21
59	178	Lindsay	Walker	Keswick AC	FV40	00:48:25
60	4	Clara	Allinson	None	FOpen	00:48:35
61	20	Garry	Bower	Eden Runners	MV50	00:48:44
62	102	Rachel	Kraft	None	FOpen	00:48:58
63	112	Salvadori	McDonnell	Aycliffe RC	MV50	00:49:19
64	175	Louise	Trainor	Quakers RC	FV50	00:49:23
65	25	Mike	Brown	None	MV60	00:49:25
66	169	Daniel	Tatham	Aycliffe RC	MOpen	00:49:26
67	54	Michael	Dolderson	Teesdale AC	MV60	00:49:48
68	113	Craig	McDougall	None	MV50	00:49:53
69	15	Louise	Binns	Barton & District AC	FV40	00:50:02
70	43	Ellie	Cox	Teesdale AC	FOpen	00:50:04
71	167	Graeme	Stott	Howgill Harriers	MV50	00:50:37
72	51	Annabel	Dickinson	None	FOpen	00:50:55
73	156	Trevor	Sansom	Howgill Harriers	MV50	00:50:59
74	10	Mark	Bainbridge	Aycliffe RC	MOpen	00:51:20
75	86	Kieran	Hornsby	Aycliffe RC	MOpen	00:51:20
76	59	Richard	Duckworth	None	MV40	00:51:47
77	14	Mike	Beechey	Keswick AC	MV50	00:51:53
78	67	Julie	Gate	Eden Runners	FV50	00:52:20
79	21	Lotty	Bradford	Keswick AC	FV40	00:52:35
80	42	Phillip	Coulter	CarlisleTri Club	MV50	00:52:39
81	127	Clare	Papworth	Barton & District AC	FV40	00:52:41
82	149	Joanna	Rolls	Keswick AC	FV40	00:52:44
83	83	Robin	Haywood	Howgill Harriers	MV50	00:53:16
84	40	April	Corbett	Quakers RC	FV50	00:53:40
85	101	Bob	Kilvington	Lonely Goat RC	MV60	00:53:54
86	63	Fiona	Ferguson	Eden Runners	FV50	00:53:56
87	153	Paul	Saager	Eden Runners	MV70	00:54:02
88	152	Laura	Ruxton	Kendal Tri Club	FV40	00:54:04
89	28	Nicky	Butler	Keswick AC	FV60	00:54:10
90	111	Catherine	McDonnell	Aycliffe RC	FV50	00:54:16
91	148	Zoe	Robinson	Howgill Harriers	FOpen	00:54:20
92	129	Samantha	Patek	None	FOpen	00:54:21
93	128	Graham	Park	Quakers RC	MV60	00:54:25
94	162	Catherine	Simpson	Howgill Harriers	FV40	00:54:32
95	29	Keith	Butterworth	Clayton-le-moors Harriers	MV60	00:54:33
96	105	Diane	Lockhart	Quakers RC	FV40	00:54:44
97	165	Suzanne	Spedding	Keswick AC	FV50	00:54:56
98	92	Annabelle	Innerdale	Eden Runners	FV50	00:55:03
99	48	Robin	Day	Howgill Harriers	MV60	00:55:05

100	185	Maggie	Wild	None	FV40	00:55:10
101	12	Steve	Bateman	None	MV60	00:55:10
102	81	Keith	Hatton	Aycliffe RC	MV60	00:55:20
103	142	Shelley	Ramsey	Aycliffe RC	FV40	00:55:27
104	171	David	Thompson	Quakers RC	MV70	00:55:29
105	38	Wendy	Colling	Quakers RC	FV50	00:55:32
106	76	Allan	Guy	None	MV50	00:55:34
107	31	Wendy	Cannon	Eden Runners	FV50	00:55:37
108	55	Andrew	Dorset	Howgill Harriers	MV50	00:56:07
109	189	Vicky	Woof	Howgill Harriers	FOpen	00:56:11
110	141	Kathleen	Proctor	Keswick AC	FV60	00:56:25
111	184	Madeleine	White	None	FOpen	00:56:28
112	182	Clemency	White	Maverick Run Club	FOpen	00:56:29
113	183	Elizabeth	White	None	FV50	00:56:31
114	69	Sarah	Gill	Aycliffe RC	FV40	00:56:37
115	106	Andrew	Lumley	None	MV50	00:56:38
116	159	Lucy	Sharpe	None	FOpen	00:56:53
117	73	Rachel	Grayson	Quakers RC	FV50	00:56:57
118	95	Trish	Kay	Aycliffe RC	FV60	00:57:01
119	177	Laura	Tunstall	None	FOpen	00:57:04
120	34	Helen	Clark	Quakers RC	FV40	00:57:07
121	46	Stuart	Davidson	None	MV50	00:57:16
122	164	Helen	Spaven	Quakers RC	FV40	00:57:43
123	180	Lucy	Ward	Other	FV40	00:58:05
124	64	Jim	Fisher	Howgill Harriers	MV60	00:58:15
125	39	Anthony	Corbett	Quakers RC	MV50	00:58:20
126	166	Andrew	Stainthorpe	Teesdale AC	MV70	00:58:37
127	84	Heather	Heron	Eden Runners	FV60	00:58:56
128	36	Carmelita	Coco	Quakers RC	FV50	00:59:00
129	181	Carrie	Wheeler	Teesdale AC	FOpen	00:59:19
130	155	Suzanne	Sansom	Howgill Harriers	FV40	00:59:24
131	157	Tim	Sawyer	Howgill Harriers	MV60	00:59:24
132	145	Paul	Reid	None	MV40	00:59:41
133	138	Sue	Podmore	Newton Aycliffe RC	FV50	00:59:43
134	104	Menna	Lewis	Howgill Harriers	FV60	00:59:51
135	78	Rachel	Halsall	Southport Strollers	FOpen	01:00:44
136	68	Carley	Gibson	Aycliffe RC	FV40	01:01:26
137	124	Jamie	Norman	None	MV50	01:01:35
138	98	Alan	Kellett	Aycliffe RC	MV60	01:01:40
139	9	Heather	Bainbridge	Aycliffe RC	FOpen	01:01:46
140	115	Stephanie	Middleton	None	FV40	01:02:01
141	89	Jean-pierre	Hupin	Sildon Running & AC	MV60	01:02:09
142	17	Yvonne	Blewitt	Aycliffe RC	FV50	01:02:18
143	35	Paul	Cockburn	Quakers RC	MV50	01:02:22
144	60	Ross	Edmond	Quakers RC	MV40	01:02:47
145	161	Gillian	Silson	Eden Runners	FV60	01:03:03
146	123	Wendy	Noble	Quakers RC	FV50	01:03:12
147	195	Claire	Norman	Quakers RC	FV50	01:04:20
148	26	Verity	Brown	Trawden Athletic Club	FV40	01:04:30
149	121	Alison	Nettleton	Barton & District AC	FV50	01:04:43

150	136	Tracey	Pickering	Aycliffe RC	FV60	01:04:48
151	80	Lindsay	Harrod	Eden Runners	FV50	01:04:51
152	99	Anne	Kellettt	Aycliffe RC	FV60	01:04:57
153	57	Jane	Dowling	Quakers RC	FV50	01:05:00
154	33	Sharon	Carr	Quakers RC	FV40	01:05:00
155	85	Sandrine	Hewitt	Aycliffe RC	FV40	01:05:04
156	130	Richard	Payne	Quakers RC	MV60	01:05:27
157	45	Nicola	Davidson	None	FV50	01:05:35
158	125	Sue	Oldfield	Barton & District AC	FV60	01:05:56
159	52	Eve	Doe	Aycliffe RC	FV60	01:07:47
160	82	Rachel	Haywood	Howgill Harriers	FV50	01:11:54
161	18	Anne	Blues	Eden Runners	FV70	01:12:08
162	94	Sue	Jennings	100 Marathon Club	FV50	01:12:27
163	135	Clifford	Pickering	Aycliffe RC	MV60	01:12:40
164	91	Nicola	Ingman	Aycliffe RC	FV40	01:13:22
165	122	Rob	Nicholson	Aycliffe RC	MV60	01:13:25
166	188	Trish	Woof	Howgill Harriers	FV50	01:15:34
167	32	Dot	Carr	None	FV70	01:15:37
168	53	Karen	Dolderson	Teesdale AC	FV50	01:15:54
169	65	Gail	Foster	Teesdale AC	FV50	01:15:55