

Ravenstonedale Red 10K Results 2013

Position	Race no	Name	Club	Cat	HH:MM:SS
1	178	James Bulman	New Marske Harriers	MV40	00:33:30
2	200	Russell Maddams	Keswick AC	MV40	00:34:33
3	148	Steve Wittler	Sedbergh School	MV40	00:35:05
4	70	Sam Fisher	Howgill Harriers	MOpen	00:35:10
5	129	Stuart Robinson	Arragon Tri Club	MV50	00:36:13
6	187	Alan Ashcroft	Richmond & Zeatland	MOpen	00:36:31
7	133	Paul Weir	Sedgefield	MOpen	00:37:11
8	144	John Campbell	Sedbergh School	MU21	00:37:30
9	180	Pat Hanna	Howgill Harriers	MU21	00:37:34
10	95	Paul Neild	Bowland	MV40	00:37:41
11	143	George Porter	Sedbergh School	MU21	00:37:43
12	162	Russell Collins	Teesdale	MV50	00:37:45
13	196	Dan Harrison	Howgill Harriers	MV40	00:37:52
14	8	John Hosker	Howgill Harriers	MOpen	00:38:14
15	191	Robert Crawford	Coniston	MOpen	00:38:41
16	130	Dez Fielden	Aycliffe Running club	MV40	00:38:50
17	63	Tim Cowin	Howgill Harriers	MOpen	00:38:59
18	16	Derek Parrington	Swaledale Runners	MV45	00:39:11
19	181	Al Hanna	Howgill Harriers	MU21	00:39:23
20	145	Talvin Rai	Sedbergh School	MU21	00:39:26
21	149	Josef Westgarth	Sedbergh School	MU21	00:39:56
22	11	Phil Cooper	Howgill Harriers	MV40	00:39:59
23	151	Jon Richardson	Howgill Harriers	MOpen	00:40:10
24	9	Jack Walton	Howgill Harriers	MU21	00:40:20
25	123	Michael Thompson	Teesdale	MV40	00:40:24
26	51	Peter Milburn	Aycliffe Running club	MV50	00:40:32
27	163	Shaune Robinson	Howgill Harriers	MOpen	00:40:34
28	40	Andrew Fletcher	Swaledale Runners	MV55	00:40:39
29	60	Colin Wild	Quaker Running Club	MV50	00:40:52
30	52	Martyn Knox	Aycliffe Running club	MOpen	00:41:22
31	76	Heather Halliday	Bedale & Aiskew Runners	FV50	00:41:27
32	167	Dennis Nelson	Dallam	MV50	00:41:35
33	101	Aaron Baglee	UA	MV40	00:41:42
34	246	Mike McKenna	Dallam	MV60	00:41:47
35	82	Thomas Walton	UA	MOpen	00:41:52
36	141	Steve Moffat	Howgill Harriers	MV55	00:42:06
37	120	Sharon Bulman	New Marske Harriers	FV40	00:42:08
38	156	Cameron Thompson	Sedbergh School	MU21	00:42:18
39	138	Paul Mcgee	Bedale & Aiskew Runners	MOpen	00:42:19
40	171	Anthony Ditchburn	Richmond & Zeatland	MV50	00:42:23
41	71	Jill Eccleston	Settle	FV40	00:42:29
42	53	Lee Wren	Aycliffe Running club	MOpen	00:42:34
43	109	Mark Sowerby	Swaledale Runners	MV40	00:42:37
44	197	Mike Smith	Dallam	MV40	00:42:39
45	150	Emma Wood	Howgill Harriers	FOpen	00:42:41
46	75	Brian Halliday	Bedale & Aiskew Runners	MV55	00:42:52

Position	Race no	Name	Club	Cat	HH:MM:SS
47	131	Gary Auston	Sedgefield	MOpen	00:43:01
48	161	Jack Oakley	Howgill Harriers	MU21	00:43:12
49	126	Andrew Knox	Quaker Running Club	MV50	00:43:29
50	132	Raymond Carmichael	Sedgefield	MV40	00:43:31
51	199	Allison Daly	Kendal	FOpen	00:43:34
52	94	Michael Salkeld	UA	MOpen	00:44:01
53	152	Marcus Fieldhouse	Sedbergh School	MU21	00:44:11
54	147	Charlie Neate	Sedbergh School	FU21	00:44:13
55	153	Will Thomson	Sedbergh School	MU21	00:44:15
56	106	Helen Lodge	UA	FOpen	00:44:39
57	62	Julia Atkinson-Tait	Sedgefield	FV45	00:45:19
58	96	John Quine	UA	MV55	00:45:29
59	79	Eddie Close	Howgill Harriers	MV40	00:45:32
60	188	Mike Rawlins	Helm Hill	MOpen	00:45:35
61	124	Andrew Kirkman	Arragon Tri Club	MV40	00:45:39
62	88	Paul Alexander	UA	MV55	00:45:50
63	91	Peter Smith	Aycliffe Running club	MV50	00:46:00
64	21	Georgia Houghton	Howgill Harriers	FOpen	00:46:08
65	89	Steve Moss	Teesdale	MV55	00:46:15
66	69	Jim Fisher	Howgill Harriers	MV50	00:46:24
67	134	Si Cummins	Howgill Harriers	MV45	00:46:35
68	165	Erin Proctor	Kendal	FU21	00:46:59
69	179	Stephen Braithwaite	Helm Hill	MV40	00:47:06
70	190	Cliff Etherden	LOC	MV65	00:47:10
71	195	Alastair Garner	UA	MOpen	00:47:12
72	182	Alan Bray	Teesdale	MV60	00:47:31
73	142	Adele Roche	Howgill Harriers	FV50	00:47:34
74	159	Franz Bringman	Sedbergh School	MU21	00:47:37
75	114	Stephen Lewis	UA	MOpen	00:47:39
76	43	Sandra Collins	Aycliffe Running club	FV45	00:47:43
77	121	John Edmondson	Kendal	MV60	00:47:54
78	122	Steve Bateman	Kendal	MV55	00:47:56
79	87	Bryan White	NDRC	MV50	00:48:01
80	140	Stuart Hardcastle	Swaledale Runners	MV55	00:48:30
81	183	Paul Jackson	Howgill Harriers	MV40	00:48:38
82	194	Alan Collier	UA	MV50	00:48:43
83	4	Michael Brunskill	Aycliffe Running club	MV50	00:48:51
84	50	Susan Milburn	Aycliffe Running club	FV55	00:48:54
85	27	Kevin May	Howgill Harriers	MV50	00:48:56
86	10	Kevin Kendal	Howgill Harriers	MOpen	00:49:07
87	25	Carol Douglas	Howgill Harriers	FV40	00:49:20
88	248	Darren Ainscough	UA	MV40	00:49:32
89	64	Linda Greensmith	Howgill Harriers	FOpen	00:49:35
90	104	Joe Parkins	UA	MV40	00:49:37
91	86	Debs Greaves	UA	FOpen	00:49:41
92	45	Paul Robinson	UA	MV50	00:49:53
93	13	Alison Price-Jones	UA	FV50	00:49:58

Position	Race no	Name	Club	Cat	HH:MM:SS
94	14	Clwyd Price-Jones	UA	MV50	00:49:59
95	110	Shelley McCormac	Aycliffe Running club	FOpen	00:50:06
96	112	John Harpham	UA	MV40	00:50:21
97	48	Anthony Corbett	Quaker Running Club	MV45	00:50:30
98	72	Jennifer O'shea	UA	FV40	00:50:43
99	39	Steve Cole	UA	MOpen	00:50:47
100	172	Dan Ditchburn	UA	MOpen	00:50:49
101	37	Craig Harper	UA	MOpen	00:50:58
102	137	Elizabeth Sowter	Swaledale Runners	FV50	00:51:02
103	97	Sean Carlucci	UA	MOpen	00:51:11
104	73	Trish Kay	Aycliffe Running club	FV50	00:51:19
105	34	Rosie Thompson	UA	FV45	00:51:23
106	49	Janet McRae	Sedgefield	FV50	00:51:34
107	252	Mark Dodd	UA	MV40	00:51:48
108	31	Anne Moffat	UA	FV50	00:51:51
109	20	David Wilson	Derwent AC Cockermouth	MV55	00:51:57
110	193	Rosie Law	Howgill Harriers	FOpen	00:52:04
111	115	Steven Johnston	Quaker Running Club	MOpen	00:52:09
112	26	Jillian Blakeman	UA	FV40	00:52:11
113	3	Alison Johnston	Swaledale Runners	FV50	00:52:26
114	81	Chloe Brown	UA	FOpen	00:52:54
115	175	Sandra Cass	Quaker Running Club	FV45	00:53:02
116	164	Zoe Ringer	Howgill Harriers	FOpen	00:53:09
117	155	Peter Mitchell	Kendal	MV65	00:53:20
118	74	Trish Cooling	Howgill Harriers	FV50	00:53:25
119	247	Rachel McHallam	UA	FOpen	00:53:33
120	139	Vivianne Pow	UA	FV45	00:53:38
121	166	Marl Todd	UA	FV50	00:53:59
122	83	Faith Cobaine	UA	FV40	00:54:02
123	176	April Corbett	Quaker Running Club	FV45	00:54:09
124	135	Richard Payne	Quaker Running Club	MV55	00:54:15
125	173	Sue Ditchburn	UA	FV50	00:54:21
126	174	Jonathon O'Connor	UA	MV45	00:54:21
127	93	John Edwards	UA	MV65	00:54:29
128	15	Kellie Bradburn-Sims	Howgill Harriers	FV40	00:54:38
129	59	Judith Porter	UA	FV60	00:54:47
130	5	Rachel Little	Howgill Harriers	FOpen	00:55:12
131	98	Tom Mansbridge	UA	MOpen	00:55:14
132	249	Anthony Davies	UA	MU21	00:55:16
133	28	Katie May	Howgill Harriers	FU21	00:55:20
134	105	Tony Ainsworth	UA	MV45	00:55:23
135	44	Judith Aston	UA	FV45	00:55:27
136	168	Garry Vernon	Fetcheveryone	MV45	00:55:32
137	30	John Andrew	Howgill Harriers	MV45	00:55:37
138	103	Brian Nicholson	Kendal	MV70	00:55:43
139	113	Neill Gibbons	UA	MV45	00:56:10
140	92	Nick Fitton	UA	MOpen	00:56:16

Position	Race no	Name	Club	Cat	HH:MM:SS
141	250	Jason Wilson	UA	MV40	00:56:36
142	170	Julie Whinn	Quaker Running Club	FV50	00:56:54
143	36	Tim Franks	Howgill Harriers	MV50	00:56:56
144	32	Sarah Collings	UA	FV40	00:56:57
145	78	Jennie Riding	UA	FOpen	00:57:01
146	108	Margaret Kellett	Aycliffe Running club	FV50	00:57:03
147	189	Phil Owen	Elvet Striders	MV45	00:57:04
148	117	Peter Harris	UA	MV50	00:57:05
149	118	Richard Westcott	UA	MV55	00:57:06
150	116	Janet Leighton	UA	FV45	00:57:08
151	186	Sarah Moffat	Howgill Harriers	FOpen	00:57:21
152	128	Ashley Holden	UA	FOpen	00:57:23
153	127	Bex Barton	UA	FOpen	00:57:26
154	158	Toby Randall-Paley	Sedbergh School	MU21	00:58:01
155	90	Kat Aspey	Aycliffe Running club	FOpen	00:58:07
156	184	Jonathon Cook	UA	MV40	00:58:26
157	99	Chris Sayer	Swaledale Runners	FV50	00:58:31
158	157	Andrew Broadley	Swaledale Runners	MV50	00:58:31
159	77	Jonny Southworth	UA	MOpen	00:58:41
160	29	Lynn May	Howgill Harriers	FV50	00:59:14
161	19	Robin Hayward	Howgill Harriers	MV40	00:59:15
162	102	Beverley Phillippo	Aycliffe Running club	FV45	00:59:20
163	6	Jeanette Cooper	Howgill Harriers	FV40	00:59:28
164	22	Rose Carnochan	Calder Valley Fell Runners	FV50	01:00:03
165	185	Cheryl Moffat	Howgill Harriers	FOpen	01:00:13
166	12	Yvonne Beatham	UA	FV45	01:00:34
167	66	David Clarke	UA	MV55	01:01:04
168	61	David Graham	UA	MOpen	01:01:18
169	100	Ray Todd	Aycliffe Running club	MV70	01:01:34
170	80	Heather Pakeman	UA	FV50	01:03:25
171	7	Anna Hazeldene	UA	FV40	01:03:31
172	119	Joseph Harker	Durham City Harriers	MV70	01:03:58
173	160	Jane Oakley	Howgill Harriers	FV45	01:04:53
174	35	Julie Franks	Barton and District AC	FV45	01:05:03
175	154	Alan Prest	Quaker Running Club	MV65	01:05:30
176	177	Diane Adkins	Quaker Running Club	FV45	01:05:47
177	2	Ian Codling	Thirsk & Sowerby Harriers	MV70	01:06:14
178	67	Anne Clarke	UA	FV60	01:06:51
179	251	Stephen Davies	UA	MV40	01:07:29
180	198	Helen Smith	Dallam	FV45	01:07:43
181	136	Michael Dodd	UA	MV60	01:09:00
182	1	Marian Codling	Thirsk & Sowerby Harriers	FV70	01:18:01