

Long Marton 10K Road Race Date

11/05/2014

Pos	No.	Name	Club	Sex	Cat	hh:mm:ss
1	253	Morgan Donnelly	Borrowdale FR	M	MV40	00:35:28
2	269	John French	Eden Runners	M	MOpen	00:36:43
3	282	Stuart Robinson	Border Harriers	M	MV50	00:38:37
4	279	James Souter	Arragons Tri	M	MOpen	00:38:50
5	278	Jim Kenny	Eden Runners	M	MV50	00:40:36
6	283	John Hosker	Howgill Harriers	M	MOpen	00:40:40
7	289	Dick Gorst	Howgill Harriers	M	MV40	00:42:06
8	251	Sean Robinson	Howgill Harriers	M	MOpen	00:42:42
9	263	Jeffrey Chadwick	Hoad Hill Harriers	M	MV40	00:43:02
10	250	Tom Airey	UA	M	MV50	00:43:17
11	271	Peter Walker	Derwent AC Cumbria	M	MV40	00:43:36
12	285	Philip Cooper	Howgill Harriers	M	MV40	00:43:41
13	262	Ruth Hetherington	Border Harriers	F	FOpen	00:44:04
14	293	Martin Spooner	Howgill Harriers	M	MOpen	00:45:40
15	264	Eddie Close	Howgill Harriers	M	MV40	00:45:46
16	248	Charlie Watson	UA	M	MV50	00:46:22
17	261	Ruth Braithwaite	UA	F	FV40	00:46:38
18	297	Paul Rose	UA	M	MOpen	00:46:43
19	286	Emma Cooper	Eden Runners	F	FOpen	00:47:16
20	256	Paul Renwick	Arragons Tri	M	MV40	00:47:23
21	259	Alan Barr	UA	M	MV40	00:47:29
22	247	Adele Roche	Howgill Harriers	F	FV50	00:49:45
23	277	Darren Loftass	UA	M	MV40	00:50:00
24	276	Jane Verity	Howgill Harriers	F	FV40	00:50:35
25	295	Jenny Cooper	UA	F	FOpen	00:50:59
26	298	Sophie Heron	UA	F	FOpen	00:52:05
27	284	Fraser Livesey	Howgill Harriers	M	MV50	00:52:18
28	243	Shaun Atkinson	Helm Hill	M	MV40	00:52:24
29	280	Debs Greaves	Howgill Harriers	F	FOpen	00:52:30
30	275	Pauline Tyson	Howgill Harriers	F	FV40	00:53:09
31	288	Ruth Elstone	UA	F	FV40	00:53:37
32	268	Denise Tunstall	Teesdale AC	F	FV50	00:54:09
33	290	Aaron Orvis	UA	M	MOpen	00:54:33
34	265	Louise Stewart	UA	F	FOpen	00:54:51
35	273	Kev Kendal	Howgill Harriers	M	MV40	00:55:21
36	258	Hazel Pendlebury	UA	F	FV40	00:55:24
37	296	Karoline Rose	Arragons Tri	F	FOpen	00:55:58
38	252	Zoe Robinson	Howgill Harriers	F	FOpen	00:56:02
39	260	David Keetley	UA	M	MV50	00:56:24
40	292	Yolander Spooner	Howgill Harriers	F	FOpen	00:56:37
41	287	Alan Jackson	Howgill Harriers	M	MV60	00:57:46
42	244	Rebecca Hodgson	UA	F	FV40	00:58:51
43	272	Sarah Wright	UA	F	FOpen	00:59:23
44	249	John Davis	UA	M	MOpen	00:59:38
45	270	Emma Walker	Derwent AC Cumbria	F	FOpen	01:00:28
46	254	Emma Dunham	Eden Runners	F	FU18	01:00:32
47	255	Jonathan Dunham	UA	M	MV40	01:00:34

48	281 Sarah Moffat	Howgill Harriers	F	FOpen	01:00:41
49	241 Julie Eggesfield	UA	F	FV40	01:01:28
50	266 Cheryl Moffat	Howgill Harriers	F	FOpen	01:01:54
51	246 Robin Haywood	Howgill Harriers	M	MV40	01:03:13
52	267 Kath Gough	UA	F	FV50	01:03:49
53	291 Jeanette Cooper	Howgill Harriers	F	FV40	01:03:53
54	274 Gill Silsdon	Eden Runners	F	FV50	01:04:58
55	242 Andrea hodgkinson	Long Marton	F	FV40	01:05:49
56	294 Andy Sellars	UA	M	MV40	01:08:01