

Howgill Series 2015 Sedbergh Hills 16 Aug 2015 Results

| Pos | Name | Club | Sex | Time |
|-----|------------------|----------------------|-----|----------|
| 1 | Jo Symonds | Shettleston Harriers | M | 02:13:40 |
| 2 | Rob Jebb | Bingley Harriers | M40 | 02:15:27 |
| 3 | Ted Mason | Wharfedale Harriers | M40 | 02:24:23 |
| 4 | James Logue | CVFR | M40 | 02:28:03 |
| 5 | Paul Nield | Bowland FR | M40 | 02:30:22 |
| 6 | Harvey Lord | Black Combe | M40 | 02:31:37 |
| 7 | Ross Litherland | Pennine FR | M40 | 02:32:19 |
| 8 | Steve Birkenshaw | Borrowdale FR | M40 | 02:33:16 |
| 9 | Mark McGoldrick | Wharfedale Harriers | M | 02:33:24 |
| 10 | Dave Kikham | Wharfedale Harriers | M | 02:33:41 |
| 11 | Phillip Pearson | Saltwell Harriers | M50 | 02:35:38 |
| 12 | Timothy Cowin | Howgill Harriers | M40 | 02:36:00 |
| 13 | David Lund | Dark Peak FR | M | 02:36:02 |
| 14 | Tom Bush | Pennine FR | M | 02:36:53 |
| 15 | Dave Nuttall | Bowland FR | M40 | 02:37:13 |
| 16 | Stephen Smithies | CVFR | M40 | 02:37:56 |
| 17 | David Haygarth | Wharfedale Harriers | M40 | 02:38:15 |
| 18 | Simon Mounsey | Howgill Harriers | M40 | 02:40:44 |
| 19 | Paul Lambert | Wharfedale Harriers | M40 | 02:41:41 |
| 20 | David Cope | Howgill Harriers | M | 02:45:32 |
| 21 | Nathan Martin | Wharfedale Harriers | M | 02:45:47 |
| 22 | Andy Gibbons | Bingley Harriers | M | 02:45:52 |
| 23 | Mark Wildsmith | Settle Harriers | M40 | 02:46:19 |
| 24 | Jeremy Fellick | Wallasey AC | M40 | 02:46:43 |
| 25 | Dave Stephenson | Bingley Harriers | M50 | 02:47:02 |
| 26 | Sam Ware | Keswick AC | M | 02:48:17 |
| 27 | Leigh Warburton | Bowland FR | M50 | 02:49:40 |
| 28 | Jim Turner | Bowland FR | M | 02:49:55 |
| 29 | Andrew Berry | Durham FR | M | 02:51:04 |
| 30 | Adrian Harvey | Howgill Harriers | M | 02:51:46 |
| 31 | Dave Sykes | Dark Peak FR | M40 | 02:53:04 |
| 32 | Roy Gibson | Kendal AC | M50 | 02:53:32 |
| 33 | Phil Vincent | Tynedale Harriers | M40 | 02:53:54 |
| 34 | John Marsham | Valley Striders | M | 02:54:11 |
| 35 | Roger Laycock | Settle Harriers | M50 | 02:56:20 |
| 36 | Nick Spinks | Dark Peak FR | F40 | 02:56:29 |
| 37 | Ross Bibby | Valley Striders | M | 02:58:11 |
| 38 | Ashley Kay | Dark Peak FR | M40 | 02:58:20 |
| 39 | Pete Wilkin | Thirsk & Sowerby | M50 | 02:58:32 |
| 40 | Jean Brown | Clayton le Moors H | F40 | 03:00:09 |
| 41 | Pete Brittleton | U/A | M40 | 03:00:43 |
| 42 | James Baron | U/A | M40 | 03:00:44 |
| 43 | James Hutchinson | Ilkley Harriers | M40 | 03:00:45 |
| 44 | Scott Baistow | Wharfedale Harriers | M | 03:01:19 |
| 45 | Simon Johnson | Tyne&Wear Fire | M | 03:01:50 |

| | | | | |
|----|----------------------|------------------------|-----|----------|
| 46 | Simon Tobin | Southport Waterloo | M50 | 03:02:05 |
| 47 | Sophie Martin | Wharfedale Harriers | F | 03:03:35 |
| 48 | Sue Richmond | Pennine FR | F | 03:05:29 |
| 49 | Charmaine Horsfall | U/A | F | 03:07:35 |
| 50 | Andrew Reid | Porter Valley Plodders | M | 03:09:08 |
| 51 | Martin Farrar | Wharfedale Harriers | M50 | 03:09:36 |
| 52 | Mick Loftus | Valley Striders | M40 | 03:09:40 |
| 53 | Phil Clark | Kendal AC | M60 | 03:11:34 |
| 54 | Peter German | Helm Hill | M | 03:11:38 |
| 55 | Peter Browning | Clayton le Moors H | M50 | 03:11:44 |
| 56 | Rudolf Maciejkowicz | Horwich RMI Harriers | M60 | 03:12:21 |
| 57 | Catherine Litherland | Pennine FR | F | 03:12:29 |
| 58 | Andrew Mather | U/A | M | 03:14:12 |
| 59 | John Thompson | Newburgh Nomads | M40 | 03:14:21 |
| 60 | Paul Wright | Ambleside AC | M50 | 03:14:45 |
| 61 | David Bevan | Saddleworth Harriers | M40 | 03:15:21 |
| 62 | Martin Hancock | Skipton AC | M40 | 03:16:22 |
| 63 | Richard Briscoe | Clayton le Moors H | M | 03:17:14 |
| 64 | Jamie Oldham | U/A | M | 03:17:41 |
| 65 | Liam McNulty | U/A | M | 03:17:43 |
| 66 | Dave McGuire | Wharfedale Harriers | M40 | 03:18:50 |
| 67 | Sean Robinson | Howgill Harriers | M | 03:19:08 |
| 68 | Steve Webb | Valley Striders | M50 | 03:20:31 |
| 69 | Larry Day | Ambleside AC | M40 | 03:25:01 |
| 70 | Jacqueline keavney | Swaledale Runners | F50 | 03:26:12 |
| 71 | Dave Kershaw | Chorley A&Tri | M50 | 03:26:20 |
| 72 | Pauline Symonds | U/A | F60 | 03:26:33 |
| 73 | Adrian Leigh | Bentham Beaagles | M50 | 03:26:52 |
| 74 | George Chilcott | U/A | M | 03:26:58 |
| 75 | Andrew Johnson | York Knavesmire | M50 | 03:27:20 |
| 76 | Martin Smillie | U/A | M50 | 03:27:52 |
| 77 | Michael Askwith | Durham FR | M40 | 03:27:59 |
| 78 | David James | U/A | M40 | 03:29:28 |
| 79 | Richard Timms | Settle Harriers | M40 | 03:29:43 |
| 80 | Toby Johnson | U/A | M40 | 03:30:57 |
| 81 | Simon Oxley | Settle Harriers | M50 | 03:31:00 |
| 82 | Mark Rogerson | Settle Harriers | M | 03:33:01 |
| 83 | John Taylor | Bowland FR | M60 | 03:34:02 |
| 84 | Trevor Symonds | U/A | M50 | 03:34:08 |
| 85 | Edwin Sherstone | Southport Waterloo | M50 | 03:36:11 |
| 86 | Chris Horsfall | Handsworth Road H | M60 | 03:37:59 |
| 87 | Adam Wallwork | Trawden AC | M | 03:38:24 |
| 88 | Iain Armstrong | Saltwell Harriers | M | 03:38:36 |
| 89 | Denise Tunstall | Durham FR | F50 | 03:40:24 |
| 90 | Rachel Slattery | Helm Hill | F40 | 03:41:52 |
| 91 | Matthew Morrey | Dallam AC | M | 03:43:25 |
| 92 | Ian Barnes | Rosendale H | M50 | 03:43:36 |
| 93 | Jo Taylor | Bowland FR | F50 | 03:46:10 |

| | | | | |
|-----|-------------------|----------------------|-----|----------|
| 94 | Eddie Dealtry | Kendal AC | M60 | 03:46:30 |
| 95 | Ian Stinson | Steel City Striders | M40 | 03:46:35 |
| 96 | Philip Barnes | Pennine FR | M50 | 03:49:08 |
| 97 | Timothy Jacobs | North Leeds FR | M40 | 03:49:13 |
| 98 | Tony Steward | CVFR | M60 | 03:51:16 |
| 99 | David Bufton | U/A | M | 03:52:16 |
| 100 | John Evans | U/A | M | 03:53:10 |
| 101 | Fred Heath | Nuneaton Harriers | M40 | 03:54:10 |
| 102 | Ali Bramall | Ambleside AC | F50 | 03:54:54 |
| 103 | Andrew Rawson | U/A | M40 | 03:59:14 |
| 104 | Jim Fisher | Howgill Harriers | M50 | 03:59:19 |
| 105 | Andrew Graham | Trawden AC | M40 | 03:59:20 |
| 106 | Will Meredith | Pennine FR | M40 | 04:00:11 |
| 107 | Kenny Forster | Spectrum Striders | M50 | 04:01:05 |
| 108 | Jane Lowe | Spectrum Striders | F40 | 04:03:36 |
| 109 | John Marsh | U/A | M50 | 04:04:04 |
| 110 | Neville Griffiths | Spectrum Striders | M60 | 04:05:56 |
| 111 | thomas Keegan | Howgill Harriers | M50 | 04:07:20 |
| 112 | John Williams | Pennine FR | M60 | 04:09:37 |
| 113 | Robin Cosgrove | Southport Waterloo | M50 | 04:10:18 |
| 114 | Sheelagh Ratcliff | North Leeds FR | F50 | 04:16:21 |
| 115 | Martin Walsh | Bowland FR | M60 | 04:17:57 |
| 116 | Karon Forster | CVFR | F50 | 04:21:07 |
| 117 | Colin Grime | Spectrum Striders | M70 | 04:36:52 |
| 118 | Steve Milner | Wharfedale Harriers | M50 | 04:52:00 |
| 119 | Anne Milner | Wharfedale Harriers | M40 | 04:52:06 |
| 120 | Gordon Stone | Horwich RMI Harriers | M50 | 04:54:54 |
| 121 | Lawrence Pinnell | Horwich RMI Harriers | M40 | 05:02:23 |

3 retirements

124 starters