

## 09-06-2016 Sedbergh Sports Fell Race Mens

Pos	Bib	First Name	Surname	Club	Cat	Time
1	25	Simon	Bailey	Mercia Fell Runners	MOpen	00:24:58
2	341	Sam	Tosh	Rosendale Harriers	MOpen	00:25:02
3	274	Jamie	Parkinson	Pudsey & Bramley AC	MOpen	00:25:04
4	187	Rob	Hope	Pudsey & Bramley AC	MV40	00:25:10
5	257	Ben	Mounsey	Calder Valley FR	MOpen	00:25:24
6	332	Joe	Symonds	Shettleston Harriers	MOpen	00:25:34
7	2	Mark	Addison	Helm Hill	MOpen	00:25:38
8	120	Morgan	Donnelly	Borrowdale Fell Runners	MV40	00:25:42
9	165	Steven	Hebblethwaite	Keswick AC	MOpen	00:25:43
10	135	Rhys	Findlay-Robinson	Dark Peak Fell Runners	MOpen	00:25:50
11	201	Rob	Jebb	Bingley Harriers & AC	MV40	00:26:00
12	218	Mark	Lamb	Keswick AC	MOpen	00:26:09
13	160	James	Hall	Wharfedale Harriers	MU23	00:26:12
14	252	Martin	Mikkelsen-Barron	Borrowdale Fell Runners	MOpen	00:26:13
15	41	Carl	Bell	Keswick AC	MOpen	00:26:20
16	245	Tom	McGuinness	East Cheshire Harriers	MU23	00:26:20
17	227	Robert	Little	Dark Peak Fell Runners	MOpen	00:26:21
18	126	Matthew	Elkington	Dark Peak Fell Runners	MU23	00:26:26
19	225	Jethro	Lennox	Shettleston Harriers	MOpen	00:26:29
20	153	Garry	Greenhow	Ambleside AC	MOpen	00:26:32
21	373	Jack	Wright	Ambleside AC	MOpen	00:26:38
22	238	Ted	Mason	Wharfedale Harriers	MOpen	00:26:42
23	267	Neil	Northrop	Dark Peak Fell Runners	MOpen	00:26:48
24	365	Phillip	Winskill	Keswick AC	MOpen	00:26:50
25	38	Joe	Baxter	Pudsey & Bramley AC	MOpen	00:26:56
26	168	John	Heneghan	Pudsey & Bramley AC	MOpen	00:26:57
27	50	Allan	Bogle	City of Derry AC	MOpen	00:26:59
28	57	Jon	Bowie	Mercia Fell Runners	MOpen	00:27:02
29	184	Ian	Holmes	Bingley Harriers & AC	MV50	00:27:03
30	231	Matthew	Lockyer	Pudsey & Bramley AC	MOpen	00:27:04
31	244	Felix	McGrath	Westbury Harriers	MU23	00:27:06
32	152	Karl	Gray	CVFR	MV40	00:27:13
33	262	William	Neill	Mercia Fell Runners	MOpen	00:27:14
34	323	Sam	Stead	Keswick AC	MOpen	00:27:15
35	348	Will	Veitch	Borrowdale Fell Runners	MOpen	00:27:15
36	302	Tom	Saville	Dark Peak Fell Runners	MU23	00:27:27
37	112	Jim	Davies	Borrowdale Fell Runners	MV50	00:27:28
38	128	Tim	Ellis	Calder Valley FR	MOpen	00:27:30
39	290	Kenny	Richmond	Shettleston Harriers	MV40	00:27:34
40	5	Michael	Ainsworth	Helm Hill	MOpen	00:27:36
41	330	Andy	Swift	Penistone Footpath Runners AC	MOpen	00:27:37
42	147	shaun	godzman	Calder Valley FR	MV40	00:27:45
43	209	Dominic	Jones	Mercia Fell Runners	MOpen	00:28:05
44	103	Neal	Crampton	Pudsey & Bramley AC	MOpen	00:28:06
45	260	Gavin	Mulholland	Calder Valley FR	MV40	00:28:08
46	240	Luke	Maude	Barlick Fell Runners	MOpen	00:28:10
47	139	Steve	Franklin	Totley AC	MOpen	00:28:11

48	249	Oscar	Meanwell	Borrowdale Fell Runners	MU23	00:28:12
49	123	Chris	Edis	Keswick AC	MOpen	00:28:15
50	328	Matthew	Sullivan	Shettleston Harriers	MOpen	00:28:18
51	178	Kieran	Hodgson	Helm Hill	MV40	00:28:19
52	100	Tim	Cowin	Helm Hill	MV40	00:28:25
53	278	Adam	Perry	Helm Hill	MOpen	00:28:27
54	6	Paul	Aitken	Helm Hill	MOpen	00:28:37
55	29	Nicholas	Barber	Pennine Fell Runners	MOpen	00:28:39
56	108	Noel	Curtis	Pennine Fell Runners	MV40	00:28:40
57	183	Harry	Holmes	York Knavesmire Harriers	MOpen	00:28:40
58	79	Billy	Cartwright	Matlock AC	MOpen	00:28:42
59	283	Ben	Procter	Helm Hill	MOpen	00:28:44
60	94	John	Connaghan	Shettleston Harriers	MV40	00:28:47
61	369	Nigel	Wood	Helm Hill	MV40	00:28:48
62	324	Karl	Steinegger	Ambleside AC	MOpen	00:28:51
63	285	Stephen	Pyke	Dark Peak Fell Runners	MV50	00:28:54
64	271	Todd	Oates	Ambleside AC	MOpen	00:28:57
65	97	David	Cope	Howgill Harriers	MU23	00:28:59
66	374	Jon	Wright	Todmorden Harriers & AC	MV40	00:28:59
67	78	Connor	Carson	Kenilworth Runners	MV40	00:29:00
68	248	Antony	Meanwell	Borrowdale Fell Runners	MV40	00:29:11
69	224	Christopher	Leigh	Trafford AC	MV40	00:29:13
70	334	David	Taylor	Dark Peak Fell Runners	MV50	00:29:15
71	301	Jon	Rylance	Ambleside AC	MV40	00:29:18
72	34	Michael	Barron	Ambleside AC	MOpen	00:29:20
73	191	Richard	Houghton	Pennine Fell Runners	MV50	00:29:22
74	310	Seb	Sillito	Helm Hill	MOpen	00:29:24
75	116	Jon	Deegan	Ambleside AC	MV40	00:29:28
76	48	Andy	Blackett	Durham Fell Runners	MOpen	00:29:32
77	232	James	Logue	Calder Valley FR	MV40	00:29:35
78	172	Alex	Hinchcliffe	Helm Hill	MU23	00:29:36
79	4	Simon	Adney	Mercia Fell Runners	MOpen	00:29:41
80	81	Nicholas	Charlesworth	Wharfedale Harriers	MV50	00:29:42
81	327	Rick	Stuart	Helm Hill	MV50	00:29:46
82	47	Andrew	Berry	Durham Fell Runners	MOpen	00:29:48
83	277	Jon	Pemberton	Dark Peak Fell Runners	MOpen	00:29:52
84	68	Graeme	Brown	Todmorden Harriers & AC	MV40	00:29:59
85	321	Simon	Stainer	Ambleside AC	MV40	00:30:02
86	144	Peter	George	Keswick AC	MOpen	00:30:03
87	90	Danny	Collinge	Clayton-le-Moors Harriers	MU23	00:30:06
88	222	Andrew	Laycock	Clayton-le-Moors Harriers	MOpen	00:30:07
89	366	Stephen	Winter	Shettleston Harriers	MV40	00:30:08
90	30	Nick	Barber	Todmorden Harriers & AC	MV40	00:30:10
91	76	James	Byrne	Ambleside AC	MV40	00:30:14
92	253	David	Milliken	Horwich RMI Harriers	MV50	00:30:21
93	234	Peter	Mackie	Shettleston Harriers	MOpen	00:30:23
94	204	Henry	Jepson	FRA	MOpen	00:30:25
95	258	Simon	Mounsey	Howgill Harriers	MV40	00:30:28
96	124	Mike	Egner	Settle Harriers	MV60	00:30:30
97	72	Craig	Burrow	Helm Hill	MV40	00:30:33

98	236	Jonny	Marchant	Helm Hill	MV40	00:30:37
99	223	William	Laye	Mercia Fell Runners	MOpen	00:30:40
100	158	Bobby	Hagan	Keswick AC	MOpen	00:30:42
101	46	Andy	Berry	Barlick Fell Runners	MOpen	00:30:42
102	142	Ed	Gamble	Cheshire Hill Racers	MV50	00:30:43
103	175	Paul	Hobbs	Todmorden Harriers & AC	MV40	00:30:44
104	143	Ivan	Gee	Todmorden Harriers & AC	MV40	00:30:47
105	289	Paul	Reilly	Coniston FRC	MOpen	00:30:48
106	92	Jonathan	Collins	Stainland lions	MOpen	00:30:52
107	298	Tom	Roo	Mercia Fell Runners	MOpen	00:30:53
108	91	Simon	Collins	York Knavesmire Harriers	MOpen	00:30:56
109	63	Bill	Breckenridge	Shettleston Harriers	MV40	00:30:58
110	265	Jonnie	Nisbet	Stirling University AC	MU23	00:31:03
111	166	Carl	Helliwell	Clayton-le-Moors Harriers	MV40	00:31:04
112	270	Dave	Nuttall	Bowland Fell Runners	MV50	00:31:05
113	137	Darren	Fishwick	Chorley AC	MV40	00:31:08
114	346	Paul	Upton	None	MOpen	00:31:09
115	219	Simon	Lanckham	Mercia Fell Runners	MOpen	00:31:11
116	306	Matthew	Seddon	Pudsey & Bramley AC	MOpen	00:31:13
117	75	Richard	Byers	Cheshire Hill Racers	MV50	00:31:15
118	205	Mike	Johnson	Bowland Fell Runners	MV50	00:31:17
119	3	Jos	Addison	Helm Hill	MOpen	00:31:22
120	350	Mark	Walsh	Darwen Dashers	MV40	00:31:24
121	215	Lee	Knight	None	MOpen	00:31:28
122	18	Martin	Archer	Ilkley Harriers	MOpen	00:31:30
123	110	Marcel	Darling	Shelton Striders	MV40	00:31:31
124	40	Steve	Bell	Dark Peak Fell Runners	MV50	00:31:33
125	122	Dan	Duxbury	Ambleside AC	MV40	00:31:36
126	322	Craig	Stansfield	Rosendale harriers	MV40	00:31:38
127	28	Chris	Balderson	Bowland Fell Runners	MV50	00:31:40
128	24	Carl	Aveyard	Mercia Fell Runners	MOpen	00:31:43
129	45	Matt	Beresford	Kendal AC	MV40	00:31:45
130	23	Neil	Ashcroft	Ambleside AC	MV40	00:31:48
131	276	Philip	Pearson	Northern Fells Running Club	MV50	01:31:57
132	202	Paul	Jeggo	Springfield	MV50	00:32:07
133	243	Tom	McGaff	Cheshire Hill Racers	MV60	00:32:12
134	256	Dave	Motley	Clayton-le-Moors Harriers	MOpen	00:32:18
135	33	James Leigh	Baron	Helm Hill	MV40	00:32:19
136	325	dan	stewart	Holmfirth Harriers	MV40	00:32:21
137	55	Niall	Bourke	Pudsey & Bramley AC	MOpen	00:32:22
138	358	Seamus	White	Staffordshire moorlands AC	MV40	00:32:26
139	280	Graham	Pilling	Pudsey & Bramley AC	MOpen	00:32:30
140	145	Peter	German	Helm Hill	MOpen	00:32:30
141	70	Simon	Browne	Denby Dale Athletics Club	MV40	00:32:32
142	203	Paul	Jenkinson	Eryri harriers	MV40	00:32:33
143	226	Alan	Life	Clayton-le-Moors Harriers	MV50	00:32:35
144	309	Andy	Shaw	Holmfirth Harriers	MV50	00:32:37
145	319	David	Soles	Pennine Fell Runners	MV50	00:32:37
146	362	Garry R	Wilkinson	Clayton-le-Moors Harriers	MV50	00:32:41
147	52	Vincent	Booth	Cheshire Hill Racers	MV50	00:32:50

148	377	Brian	Pennington	Howgill Harriers	MV40	00:32:51
149	338	Jon	Tinman	Rosendale Harriers	MV50	00:32:58
150	12	Jim	Andrews	Coniston FRC	MV50	00:32:59
151	364	Jackie	Winn	Ellenborough AC	MV60	00:33:01
152	296	Sean	Robinson	Howgill Harriers	MOpen	00:33:02
153	167	Walter	Henderson	Shettleston Harriers	MV40	00:33:03
154	216	Paul	Knowles	Ambleside AC	MV40	00:33:12
155	353	Ian	Warhurst	Pennine Fell Runners	MV50	00:33:15
156	316	Richard	Smith	None	MOpen	00:33:22
157	151	Ben	Grant	Harrogate Harriers & AC	MV60	00:33:24
158	10	David	Anderson	None	MV40	00:33:29
159	196	Steve	Jackson	Horwich RMI Harriers	MV60	00:33:30
160	95	Jonathan	Cooper	Helm Hill	MV50	00:33:32
161	264	Stephen	Nicholls	Wigan and District Harriers and AC	MOpen	00:33:45
162	255	Rhys	Morris	Keswick AC	MOpen	00:33:48
163	14	James	Annan	Settle Harriers	MV40	00:33:53
164	336	Brian	Thompson	Helm Hill	MV60	00:33:56
165	149	Geoff	Gough	Clayton-le-Moors Harriers	MV50	00:33:58
166	106	Mark	Cropper	Helm hill	MV40	00:34:09
167	367	Ian	Winterburn	Dark Peak Fell Runners	MV50	00:34:26
168	211	Dave	Keeling	Cheshire Hill Racers	MV50	00:34:30
169	356	Richard	Wells	Howgill Harriers	MV40	00:34:31
170	189	Brian	Horrocks	Clayton-le-Moors Harriers	MV50	00:34:33
171	233	Steve	Long	Tring Running Club	MV50	00:34:35
172	11	Nick	Andralojc	Harrogate Harriers & AC	MV50	00:34:39
173	357	David	White	Helm Hill	MV40	00:34:40
174	27	Adrian	Baker	Dark Peak Fell Runners	MV50	00:34:41
175	305	Paul	Scully	Helm Hill	MV40	00:34:44
176	206	Steve	Jones	Keswick AC	MOpen	00:34:45
177	230	Gavin	Lloyd	Black Combe Runners	MU23	00:34:46
178	182	Keith	Holmes	Dark Peak Fell Runners	MV60	00:35:02
179	192	Ben	Houghton	Howgill Harriers	MV40	00:35:10
180	26	Adam	Baird	Ambleside AC	MV40	00:35:12
181	291	James	Riley	Todmorden Harriers & AC	MV40	00:35:13
182	360	Chris	Wilcox	Buckley Runners	MV60	00:35:19
183	74	Ross	Butler	Keswick AC	MOpen	00:35:27
184	344	Robin	Tuddenham	Todmorden Harriers & AC	MV40	00:35:48
185	188	Brian	Horn	Borrowdale Fell Runners	MV60	00:35:58
186	54	John	Boothman	Barlick Fell Runners	MV50	00:36:11
187	1	Ben	Adams	None	MV40	00:36:17
188	56	Dave	Bowen	Pennine Fell Runners	MV60	00:36:21
189	351	Brian	Walton	Horwich RMI Harriers	MV60	00:36:30
190	368	Stuart	Wolstenholme	Todmorden Harriers & AC	MV40	00:36:34
191	335	Simon	Taylor	Darwen Dashers	MOpen	00:36:42
192	286	Ben	Ratcliffe	Keele University Athletics & CC Club	MU23	00:36:49
193	355	Andy	Watts	Cheshire Hill Racers	MV60	00:36:55
194	39	Paul	Bayley	Tring Running Club	MOpen	00:37:00
195	15	Matthew	Annison	Todmorden Harriers & AC	MOpen	00:37:08
196	308	Jon	Sharples	Clayton-le-Moors Harriers	MV60	00:37:11
197	320	Dick	Spendlove	Calder Valley FR	MV70	00:37:15

198	51	Simon	Bolton	Cheshire Hill Racers	MV50	00:37:20
199	99	Joseph	Courtney	Todmorden Harriers & AC	MOpen	00:37:24
200	16	Rick	Ansell	Tring Running Club	MV50	00:37:29
201	261	Tim	Murray	Helm Hill	MV50	00:37:38
202	176	Philip	Hobbs	Holmfirth Harriers	MV50	00:37:45
203	194	Peter	Hudson	Mercia Fell Runners	MV50	00:37:47
204	359	Glenn	Whittaker	Barlick Fell Runners	MV50	00:37:49
205	134	Calvin	Ferguson	Calder Valley FR	MOpen	00:37:56
206	17	David	Appleyard	Helm Hill	MV50	00:37:58
207	279	George	Pier	Clayton-le-Moors Harriers	MU23	00:38:07
208	77	Kieran	Carr	Clayton-le-Moors Harriers	MV70	00:38:17
209	61	Colin	Brash	Girvan AAC	MV40	00:38:22
210	32	Philip	Barnes	Pennine Fell Runners	MV50	00:38:27
211	150	David	Gould	Mercia Fell Runners	MV60	00:38:40
212	247	Michael	McLoughlin	Preston Harriers	MV60	00:38:57
213	304	Chris	Schofield	Helm Hill	MV50	00:39:03
214	333	Dave	Tait	Dark Peak Fell Runners	MV60	00:39:09
215	300	Andrew	Russell	Helm Hill	MV50	00:39:12
216	266	Jeffrey	Norman	Altrincham and District AC	MV70	00:39:16
217	42	Richard	Bellarries	Clayton-le-Moors Harriers	MV60	00:39:21
218	65	Alan	Brentnall	Pennine Fell Runners	MV60	00:39:25
219	119	Adrian	Dixon	FRA	MV60	00:39:32
220	170	Brian	Hickey	None	MV50	00:39:50
221	210	Thomas	Keegan	Howgill Harriers	MV50	00:41:03
222	228	Graham	Lloyd	Calder Valley FR	MV50	00:41:25
223	173	Mike	Hind	Borrowdale Fell Runners	MV60	00:41:33
224	190	David	Horrocks	Clayton-le-Moors Harriers	MV50	00:42:39
225	64	Graham	Breeze	Wharfedale Harriers	MV70	00:42:59
226	111	Mark	Davies	Mercia Fell Runners	MV40	00:43:04
227	87	Chris	Clark	Keswick AC	MV60	00:45:14
228	337	Les	Thurston	Matlock AC	MV60	00:45:19
229	62	Jeremy	Brayshaw	Totley AC	MV60	00:46:34
230	159	Roger	Hall	Wharfedale Harriers	MV60	00:49:08
231	125	Peter	Ehrhardt	Todmorden Harriers & AC	MV70	00:51:29
232	22	Roger	Ashby	Pennine Fell Runners	MV70	00:55:16