

Pos	No	First Name	Surname	Club	Cat	Time
1	56	Carl	Bell	Keswick AC	MOpen	01:16:39
2	15	Ben	Abdelnoor	Ambleside AC	MOpen	01:20:14
3	13	Don	Mills	Keswick AC	MOpen	01:20:27
4	70	Adam	Perry	Helm Hill	MOpen	01:23:38
5	39	Jack	Eyre	Eden Runners	MOpen	01:24:26
6	14	Darren	Kay	Calder Valley Fell Runners	MOpen	01:25:11
7	75	John	Helme	Ambleside AC	MV40	01:27:39
8	18	Darren	Fishwick	Chorley AC	MV40	01:31:25
9	6	Ben	Light	Buxton AC	MOpen	01:31:28
10	49	John	Murein	Settle Harriers	MV40	01:33:28
11	69	Mark	Chippendale	Bowland Fell Runners	MV40	01:33:33
12	64	Rob	Stein	CFR	MOpen	01:33:40
13	54	Karl	Steinegger	Ambleside AC	MOpen	01:33:48
14	50	James	Edwards	Lonsdale Fell Runners	MV40	01:34:02
15	48	Sam	Harrison	Bowland Fell Runners	MOpen	01:35:39
16	61	Antony	Meanwell	Borrowdale Fell Runners	MV40	01:35:41
17	41	John	Sutton	Ribble Valley AC	MV40	01:35:44
18	36	Dominic	Raby	Chorley AC	MV40	01:35:47
19	8	Jon	Green	Preston Harriers & AC	MV40	01:35:55
20	59	Joe	Hobbs	Lonsdale Fell Runners	MOpen	01:35:57
21	37	Mark	Wildsmith	Settle Harriers	MV40	01:36:04
22	16	James	Byrne	Ambleside AC	MV40	01:37:37
23	73	James Leigh	Barow	Helm Hill	MV50	01:37:47
24	81	Joe	Todd	Kendal AC	MV40	01:38:10
25	33	Zach	Jennings	Settle Harriers	MOpen	01:38:27
26	20	Leigh	Warburton	Bowland Fell Runners	MV60	01:39:26
27	67	Simon	Denny	Bentham Beagles	MOpen	01:39:46
28	57	Paul	Reilly	Helm Hill	MV40	01:41:17
29	27	Jim	Turner	Bowland Fell Runners	MOpen	01:41:17
30	1	Paul Peter	Nelson	Wetherby Runners	MV50	01:42:12
31	17	Andrew	Bradley	CFR	MV50	01:42:52
32	19	David	Wright	Newbury AC	MV50	01:43:43
33	40	Rowan	Wood	Lonsdale Fell Runners	MOpen	01:43:53
34	43	Claire	Nance	Lonsdale Fell Runners	FOpen	01:43:55
35	71	Peter	German	Helm Hill	MOpen	01:44:48
36	42	Jim	Bacon	Lonsdale Fell Runners	MV50	01:45:18
37	62	Jon	Richardson	Rossendale Harriers AC	MV40	01:46:04
38	79	Mike	Clayton	Calder Valley Fell Runners	MOpen	01:46:10
39	65	Sean	Robinson	Howgill Harriers	MV40	01:46:30
40	80	Tim	Pickering	Helm Hill	MOpen	01:46:45
41	25	Richard	Timms	Settle Harriers	MV50	01:48:20
42	22	Dave	Banks	Kendal AC	MV50	01:48:56
43	46	Nickey	Russell	Bowland Fell Runners	FV40	01:49:56
44	29	Matt	Bourne	Bowland Fell Runners	MV40	01:49:57
45	45	Dominic	Hoare	Bowland Fell Runners	MV40	01:50:05
46	4	Jack	Holt	Clayton-le-Moors Harriers	MV60	01:50:10
47	23	Ronald	Hummelink	Lonsdale Fell Runners	MV40	01:50:27
48	66	Mark	Rogerson	Settle Harriers	MOpen	01:50:32
49	30	Carol	Evans	Settle Harriers	FV50	01:51:15

50	34	Ian	Williams	UA	MV50	01:52:07
51	26	Alan	Barr	Howgill Harriers	MV40	01:52:19
52	5	Gary	Jackson	Eden Runners	MV40	01:52:21
53	12	Ady	Humphrys	Darwen Dashers RC	MV40	01:52:30
54	3	Stephen	Moffat	Howgill Harriers	MV60	01:53:51
55	55	Andrew	Fielding	Ellesmere Port RC	MOpen	01:55:34
56	44	Andy	Phelps	Lonsdale Fell Runners	MOpen	01:56:28
57	60	Robert	Webb	Lonsdale Fell Runners	MOpen	01:56:32
58	51	Andrew	Murray	Keswick AC	MV40	01:57:56
59	76	Laurence	Ormerod	Settle Harriers	MV50	01:58:08
60	68	David	Bainbridge	Howgill Harriers	MOpen	02:00:14
61	72	Daniel	Grose	Ambleside AC	MV40	02:01:18
62	53	Shaun	Hardisty	Eden Runners	MV40	02:01:32
63	32	John	Graham	Bowland Fell Runners	MV50	02:01:52
64	77	Brian	Horn	Borrowdale Fell Runners	MV60	02:02:09
65	47	James	Coullthard	Howgill Harriers	MV40	02:03:39
66	78	Daniel	Baron	Calder Valley Fell Runners	MOpen	02:04:06
67	58	Mark	Smith	North Shields Poly AC	MV40	02:05:44
68	21	Christopher	Hobson	Newbury AC	MV40	02:06:05
69	63	Michael	Green	FRA	MOpen	02:06:07
70	52	Conrad	Slack	Keswick AC	MV40	02:09:03
71	35	Richard	Simpson	Dallam RC	MV60	02:09:36
72	24	Carmel	Ramwell	Settle Harriers	FV40	02:10:01
73	10	Pete	Bates	Lonsdale Fell Runners	MV60	02:10:20
74	31	Andy	Evans	Settle Harriers	MV50	02:11:26
75	2	Eddie	Dealtry	Kendal AC	MV70	02:12:29
76	7	Michael	McLoughlin	Preston Harriers & AC	MV60	02:19:42
77	9	Denise	Tunstall	Durham Fell Runners	FV50	02:22:22
78	38	Wayne Peter	Walsh	Bowland Fell Runners	MV50	02:31:29
79	28	Jill	Gates	Settle Harriers	FV50	02:31:51
80	11	Graham D	Holden	Lonsdale Fell Runners	MV60	02:32:28
81	74	Elizabeth	Adams	Helm Hill	FV40	02:34:21
82	82	May	Crawford	Helm Hill	FOpen	02:41:09