

## Sedbergh Sports 2017 Results 14/7/2107

Pos	Number	First Name	Surname	Club	Cat	Time
1	270	Joshua	Boyle	Ribble Valley AC	MU23	00:25:37
2	263	Phil	Davies	Borrowdale Fell Runners	MV40	00:26:09
3	282	John	Helme	Ambleside AC	MOpen	00:26:37
4	258	Jonny	Malley	Ambleside AC	MOpen	00:26:54
5	281	Jack	Wright	Ambleside AC	MOpen	00:27:04
6	283	Tim	Cowan	Helm Hill	MV40	00:27:09
7	286	Chris	Edis	Keswick AC	MOpen	00:27:31
8	274	James	Edwards	Lonsdale Fell Runners	MV40	00:29:22
9	280	Jos	Addison	Helm Hill	MOpen	00:29:38
10	275	Joseph	Hobbs	Lonsdale Fell Runners	MOpen	00:30:45
11	284	David	Wilson	Bowland Fell Runners	MV50	00:31:00
12	267	Peter	German	Helm Hill	MOpen	00:31:21
13	273	Rowan	Wood	Lonsdale Fell Runners	MOpen	00:31:38
14	266	Jonny	Marchant	Helm Hill	MV40	00:31:43
15	260	Richard	Wells	Howgill Harriers	MV40	00:32:59
16	259	Sean	Robinson	Howgill Harriers	MOpen	00:33:32
17	272	Claire	Nance	Lonsdale Fell Runners	FOpen	00:33:47
18	271	Jim	Bacon	Lonsdale Fell Runners	MV50	00:33:48
19	289	Rich	Wilkinson	Long Eaton RC	MV50	00:33:58
20	265	Emma	Wood	Rosendale Harriers AC	FOpen	00:34:39
21	277	Ben	Houghton	Howgill Harriers	MV40	00:35:32
22	268	Steven	Middleton	Howgill Harriers	MV40	00:35:37
23	295	Catherine	Niblock	Helm Hill	FOpen	00:36:03
24	290	Graham	Moffat	Howgill Harriers	MV50	00:36:08
25	293	Kerry	Cornfield	Borrowdale Fell Runners	FV40	00:36:35
26	287	Carrie	Gibson	Helm Hill	FV40	00:37:30
27	269	Chris	Roberts	Black Combe Runners	MV60	00:37:34
28	264	Lizzie	James	UA	FV40	00:37:43
29	278	Georgia	Houghton	Howgill Harriers	FOpen	00:37:46
30	291	Will	Spain	Dark Peak Fell Runners	MOpen	00:38:30
31	285	Wendy	Dodds	Clayton-le-Moors Harriers	FV60	00:38:49
32	294	Emily	Fitzherbert	UA	FOpen	00:39:45
33	292	Sharon	Schofield	Borrowdale Fell Runners	FV40	00:40:13
34	276	Mike	Addison	UA	MV50	00:40:46
35	279	Denise	Tunstall	Durham Fell Runners	FV50	00:41:39
36	261	Stephen	Fish	Clayton-le-Moors Harriers	MV60	00:43:00
37	288	Robin	Haywood	Howgill Harriers	MV40	00:46:03
38	262	Wendy	Smith	Helm Hill	FV40	00:55:02