

15-10-2016

Ravenstonedale 10K 2016

Pos	Bib	First Name	Surname	Club	Cat	Time
1	216	Sam	Stead	Keswick AC	MOpen	00:33:26
2	233	Carl	Bell	Keswick AC	MOpen	00:33:28
3	57	Marc	Ellis	Quakers RC	MV40	00:36:29
4	230	Marc	Penn	Keswick AC	MV40	00:36:35
5	13	John	Surtees	Aycliffe Running Club	MOpen	00:36:46
6	33	Paul	Dalton	Quakers RC	MV40	00:37:12
7	89	Simon	Mounsey	Howgill Harriers	MV40	00:37:18
8	123	Alan	Ashcroft	Richmond & Zetland Harriers	MOpen	00:37:20
9	185	Chris	Brewer	Keswick AC	MV45	00:37:27
10	200	Carl	Jones	Richmond & Zetland Harriers	MV40	00:37:39
11	142	Heidi	Dent	Howgill Harriers	FOpen	00:37:45
12	17	Dez	Fielden	Aycliffe Running Club	MV40	00:37:47
13	60	Restell	Joe	Askern District RC	MV40	00:37:48
14	86	Robert	Crawford	Howgill Harriers	MV40	00:38:11
15	130	Mark	Nettleton	Barton And District AC	MV50	00:39:11
16	39	Brian	Martin	None	MV60	00:39:14
17	104	Sam	Green	Helm Hill	MOpen	00:39:16
18	101	Alistair	Fisher	Evenwood Road Runners	MV45	00:39:18
19	82	John	Hosker	Howgill Harriers	MOpen	00:39:33
20	187	Darren	Hendley	York Knasemire Harriers	MV40	00:39:44
21	165	Steve	Sadler	Richmond & Zetland Harriers	MV50	00:39:52
22	202	Matt	Simpson	Blackburn Road Runners	Mopen	00:39:53
23	143	Alison	Matthews	Darlington Harriers	FOpen	00:39:55
24	242	David	Bowness	Cumberland AC	MV50	00:40:06
25	144	Neil	Maloney	Skipton AC	MV45	00:40:18
26	19	Richard	Campbell	Aycliffe Running Club	MOpen	00:40:28
27	217	David	Bainbridge	Howgill Harriers	MOpen	00:40:59
28	52	Dawn	Richardson	Quakers RC	FV40	00:41:10
29	182	Jonno	Hann	Teesdale AC	MOpen	00:41:13
30	177	Ross	Butler	Keswick AC	MOpen	00:41:13
31	197	Shaun	Kelly	None	MOpen	00:41:15
32	87	Alistair	Hanna	Howgill Harriers	MOpen	00:41:20
33	218	Scott	Thomas	Aycliffe Running Club	MOpen	00:41:31
34	93	Peter	Milburn	Aycliffe Running Club	MV55	00:41:35
35	155	Sharon	Bulman	New Marske Harriers AC	FV40	00:41:36
36	75	Rob	Dent	Quakers RC	Mopen	00:41:37
37	113	Sean	Robinson	Howgill Harriers	Mopen	00:41:39
38	164	Peter	Armstrong	Darlington Harriers	MOpen	00:41:44
39	162	Mathew	Moore	None	MOpen	00:41:51
40	210	Thomas	Aspin	New Marske Harriers AC	MOpen	00:41:54
41	198	Jacqueline	Keavney	Richmond & Zetland Harriers	FV50	00:41:58
42	206	Kath	Aspin	New Marske Harriers AC	FV45	00:42:10
43	156	Darren	Gee	None	MV40	00:42:19
44	238	Jonathan	Tombs	Eden Runners	MV45	00:42:27
45	92	Tom	Porter	Aycliffe Running Club	MV45	00:42:34
46	171	Daniel	O'Grady	Askern District RC	MV40	00:42:36
47	67	Martin	Randall	Swaledale Road Runners	MV45	00:42:54

48	83	Michael	Pearce	Askern District RC	MV40	00:43:07
49	125	Owen	Griffiths	Barton And District AC	MOpen	00:43:14
50	244	Jade	Hutchinson	Darlington Harriers	FOpen	00:43:17
51	209	Lee	Wren	Aycliffe Running Club	MV40	00:43:24
52	32	Andrew	Vernon	Quakers RC	Mopen	00:43:42
53	28	Martyn	Knox	Aycliffe Running Club	MOpen	00:43:53
54	71	Michael	Harrison	Howgill Harriers	MV50	00:43:56
55	199	Karen	Bridge	Eden Runners	FV45	00:44:03
56	62	Mark	Hinchcliffe	Askern District RC	MV40	00:44:03
57	10	Paul	Sharpe	None	Mopen	00:44:05
58	85	David	Pearce	Askern District RC	MV40	00:44:07
59	161	Louise	Trainor	Quakers RC	FV45	00:44:30
60	149	Gary	Read	Quakers RC	Mopen	00:44:34
61	133	Marian	Hesketh	Preston Harriers & AC	FV60	00:44:55
62	169	Kevin	Hesketh	Preston Harriers & AC	MV60	00:44:58
63	47	Susan	Cranswick	Aycliffe Running Club	FOpen	00:45:00
64	115	Andrew	Laverick	None	MV40	00:45:02
65	80	Steven	Middleton	Howgill Harriers	MV40	00:45:15
66	204	Alister	Robson	Fetcheveryone RC	MV40	00:45:17
67	90	Helen	Keats	None	FV40	00:45:19
68	66	Emily	Abbey	None	FOpen	00:45:23
69	221	Billy	Harris	Quakers RC	MV55	00:45:24
70	48	Robert	Young	Aycliffe Running Club	MOpen	00:45:25
71	103	Steve	Moss	Teesdale AC	MV55	00:45:26
72	74	David	Smith	Dewsbury Road Runners	MV55	00:45:29
73	237	David	Aspin	New Marske Harriers AC	MV45	00:45:38
74	105	Nathan	Critchlow	None	MOpen	00:45:42
75	1	Stuart	Jones	Steel City Striders	MV55	00:45:45
76	205	Jim	Coldwell	Swaledale Road Runners	MV40	00:45:48
77	50	john	burnside	Aycliffe Running Club	MV60	00:45:49
78	122	Conor	Franks	Barton And District AC	MOpen	00:45:49
79	120	Jonathan	Manchester	Barton And District AC	MOpen	00:45:50
80	77	Mike	Beechey	Keswick AC	MV50	00:46:02
81	63	Susie	Warris	Askern District RC	FV40	00:46:04
82	196	Paul	Kelly	Darlington Harriers	MV55	00:46:11
83	30	Rebecca	Howard	Quakers RC	FOpen	00:46:16
84	61	Matt	Heron	Aycliffe Running Club	Mopen	00:46:20
85	112	James	Coulthard	Howgill Harriers	MV40	00:46:24
86	88	Stanley	Williams	Askern District RC	Mopen	00:46:44
87	70	Georgia	Houghton	Howgill Harriers	FOpen	00:46:44
88	15	Michelle	Zamir	Aycliffe Running Club	FV40	00:47:04
89	76	Graeme	Stott	Howgill Harriers	MV45	00:47:14
90	220	Cliff	Etherden	None	MV65	00:47:26
91	100	Colin	Wild	Shildon RC	MV50	00:47:29
92	59	Ian	Taylor	Evenwood Road Runners	MOpen	00:47:52
93	117	Martin	Manchester	Barton And District AC	MV45	00:47:59
94	108	Lucy	Goundry	Richmond & Zetland Harriers	FV40	00:48:02
95	240	Tony	Ditchburn	Richmond & Zetland Harriers	MV55	00:48:05
96	145	Phil	Clarke	Quakers RC	MV65	00:48:07
97	58	Phil	Tordoff	Askern District RC	Mopen	00:48:14

98	175	Si	Cummins	Howgill Harriers	MV50	00:48:15
99	35	Rob	Jayne	Aycliffe Running Club	MOpen	00:48:17
100	189	Brian	McLaren	Quakers RC	MV40	00:48:20
101	99	James	Taylor	Swaledale Road Runners	Mopen	00:48:21
102	239	Mo	Kelly	Howgill Harriers	FOpen	00:48:22
103	167	David	Roper	Howgill Harriers	MV55	00:48:35
104	129	Dean	Metcalfe	City Of York Athletics Club	Mopen	00:48:36
105	140	Greaves	Debs	Howgill Harriers	FV40	00:48:37
106	160	Rebecca	Scott	Howgill Harriers	FOpen	00:48:51
107	42	Ty	Hankinson	Quakers RC	MV50	00:49:13
108	16	Roger	Haslett	Aycliffe Running Club	MV50	00:49:29
109	246	Clara	Shields	None	FOpen	00:50:03
110	97	Jim	Fisher	Howgill Harriers	MV55	00:50:23
111	137	Denise	Tunstall	Teesdale AC	FV50	00:50:31
112	64	Penny	Johnson	Aycliffe Running Club	FV45	00:50:47
113	207	Raymond	Lightle	Bedale & Aiskew Runners	MV65	00:50:50
114	186	Michael	Brown	None	MV50	00:50:53
115	94	Susan	Milburn	Aycliffe Running Club	FV55	00:51:03
116	51	Rob	Gillham	Quakers RC	MV45	00:51:12
117	243	Carole	Alletson	None	FV50	00:51:29
118	79	Michelle	Middleton	Howgill Harriers	FOpen	00:51:41
119	45	Lindsey	Lester	Quakers RC	FV40	00:51:54
120	178	Jenna	Moffat	Howgill Harriers	FOpen	00:52:08
121	114	Zoe	Robinson	Howgill Harriers	FOpen	00:52:20
122	132	Gavin	Armstrong	Quakers RC	Mopen	00:52:25
123	102	Paul	Robinson	Howgill Harriers	MV55	00:52:27
124	168	Andrew	Lumley	None	MV40	00:52:31
125	126	Shaune	Eland	Quakers RC	MV50	00:52:36
126	5	Jason	Wilson	UA	MV45	00:52:42
127	231	Wendy	Colling	Quakers RC	FV50	00:52:45
128	95	Nicky	Butler	Keswick AC	FV50	00:52:49
129	131	Michael	Brunskill	Aycliffe Running Club	MV55	00:52:53
130	22	Michael	Fenwick	None	Mopen	00:52:57
131	124	Louise	Binns	Barton And District AC	FV40	00:53:01
132	247	Gareth	Bradburn-Sims	Howgill Harriers	MV40	00:53:04
133	23	Jenny	Fenwick	None	Mopen	00:53:27
134	25	Rob	Nicholson	Aycliffe Running Club	MV60	00:53:28
135	150	Darren	Alderson	Quakers RC	MV50	00:53:29
136	226	David	Keetley	Howgill Harriers	MV60	00:53:29
137	195	Katie	Mottershead	Teesdale AC	FOpen	00:53:46
138	179	Alan	Jones	UA	MV65	00:53:54
139	225	Diane	Baines	Sedgefield Harriers	FV55	00:54:03
140	208	Rebecca	Aspin	New Marske Harriers AC	FOpen	00:54:13
141	41	Andrew	Dixon	Quakers RC	MOpen	00:54:15
142	119	Helen	Clapham	Barton And District AC	FV45	00:54:18
143	212	Kim	Clark	Keswick AC	FV60	00:54:20
144	147	Clare	Stradling	Quakers RC	FOpen	00:54:37
145	173	Andrew	Adams	Derwent AC Cumbria	MV55	00:54:41
146	91	Aaron	Keats	None	MV45	00:54:47
147	7	David	Ledgerwood	Quakers RC	Mopen	00:54:55

148	55	Richard	Payne	Quakers RC	MV60	00:55:00
149	26	Gary	Minns	Aycliffe Running Club	MV50	00:55:02
150	2	Pete	Mitchell	Kendal AC	MV65	00:55:17
151	11	Alan	Kellett	Aycliffe Running Club	MV60	00:55:22
152	136	Steven	Cole	None	Mopen	00:55:25
153	190	Juliette	McLaren	Quakers RC	FV40	00:55:31
154	24	Trish	Kay	Aycliffe Running Club	FV55	00:55:31
155	38	Sandra	Martin	Quakers RC	FV50	00:55:33
156	181	Jennie	Stafford	Teesdale AC	FOpen	00:56:02
157	118	Tony	Clapham	Barton And District AC	MV50	00:56:19
158	172	Rebecca	Adams	Derwent AC Cumbria	FV50	00:56:25
159	73	Edward	Stuttard	UA	MV40	00:56:45
160	134	Amy	Lucas	Howgill Harriers	FOpen	00:56:47
161	159	Charlotte	Bell	Howgill Harriers	FOpen	00:57:04
162	213	Chris	Clark	Keswick AC	MV65	00:57:20
163	20	Beverley	Phillippo	Aycliffe Running Club	FV45	00:57:29
164	222	Robin	Haywood	Howgill Harriers	MV45	00:57:30
165	219	Isobel	Williamson	None	FV65	00:57:37
166	215	Kate	Turner	Eden Runners	FOpen	00:57:45
167	214	Alison	Dixon	None	FV40	00:57:46
168	111	Rouanne	Coulthard	Howgill Harriers	FOpen	00:57:50
169	49	John	Young	Aycliffe Running Club	MV60	00:57:54
170	146	Jamie	Pratt	Quakers RC	MOpen	00:57:59
171	174	Tracey	Plaskitt	Quaker RC	FV40	00:58:11
172	229	Jennie	Davies	None	FV65	00:58:31
173	29	Ian	Baronowski	Aycliffe Running Club	MV40	00:58:35
174	170	Menna	Lewis	Howgill Harriers	FV60	00:58:39
175	241	Jonathan	O'Connor	None	MV45	00:58:40
176	110	Peter	Sterlini	None	MV55	00:58:41
177	163	Nicki	Buckett	Richmond & Zetland Harriers	FV45	00:59:02
178	12	Anne	Kellett	Aycliffe Running Club	FV55	00:59:34
179	184	Stephen	Ball	None	MV45	00:59:58
180	36	Wendy	Noble	Quakers RC	FV50	01:00:19
181	44	Judith	Porter	Aycliffe Running Club	FV60	01:00:30
182	4	Jeanette	Appleton	Stockton Striders	MV50	01:01:34
183	188	Tracey	Taylor	Cumberland AC	FV40	01:01:51
184	228	Paul	Norman	Skipton AC	MV55	01:01:54
185	232	Phoebe	Weston	None	FOpen	01:01:57
186	234	Rod	Ardehali	None	MOpen	01:01:57
187	127	Graham	Middleton	None	MV65	01:02:01
188	201	Sinead	Whittaker	Blackburn Road Runners	FOpen	01:02:05
189	227	Paul	Ryan	Quakers RC	MV40	01:02:17
190	72	Sarah	Anderson	Howgill Harriers	FV40	01:02:23
191	248	Marie	Nunns	Keswick AC	FOpen	01:02:35
192	183	Gill	Ball	None	FV45	01:03:23
193	98	Lisa	Jenkins	Quakers RC	FV40	01:03:29
194	106	Caroline	Moss	Teesdale AC	FV55	01:03:33
195	194	John	McGrath	Teesdale AC	MV40	01:03:36
196	236	Emma	McColm	10k Running Pals	FV40	01:04:29
197	128	Michael	Garbutt	None	MOpen	01:04:58

198	46	Susan	Clark	Aycliffe Running Club	FV60	01:05:01
199	235	Anthony	Davies	UA	MOpen	01:05:03
200	53	Lucy	Bendle	Quakers RC	FV50	01:05:09
201	84	Judy	Pearce	Askern District RC	FV40	01:05:47
202	138	Grainne	Duffy	Quakers RC	FV50	01:06:54
203	18	Ray	Todd	Aycliffe Running Club	MV75	01:07:37
204	249	May	Crawford	Helm Hill	FOpen	01:08:28
205	27	Dot	Carr	None	FV65	01:09:42
206	56	Sharon	Carr	Quakers RC	FV40	01:10:05
207	192	Sean	Wells	None	MOpen	01:10:14
208	121	Julie	Franks	Barton And District AC	FV50	01:10:46
209	6	Julia	Park	None	FV40	01:10:47
210	191	Stephen	Davies	None	MV45	01:12:18
211	135	Alan	Prest	Quakers RC	MV70	01:13:52
212	148	Emily	Beaumont	Quakers RC	FOpen	01:14:08
213	152	Karen	Dove	Quakers RC	FV40	01:14:09
214	211	Lisa	Alderson	Quakers RC	FV40	01:14:29
215	151	Joe	Harker	Durham City Harriers	MV75	01:20:49
216	54	Kyle	Cook	Quakers RC	MOpen	DNF