

Position	Race no	Name	Club	Cat	HH:MM:SS
1	190	Ricky Lightfoot	Ellenborough AC	MOpen	00:32:32
2	99	Carl Bell	Howgill Harriers	MOpen	00:33:16
3	194	James Bulman	New Marske Harriers AC	MV40	00:33:52
4	188	Russel Maddams	Keswick AC	MOpen	00:34:24
5	165	Marcus Scotney	Dumfries	MOpen	00:34:27
6	153	John French	Eden Runners	MOpen	00:34:31
7	112	Ben Abdelnoor	Ambleside AC	MOpen	00:35:19
8	30	Alasdair Tatham	North Yorks Moors	MV40	00:36:17
9	93	Dez Fielden	Aycliffe Running Club	MV40	00:36:47
10	6	Andrew Goodair	Askern District Running Club	MV40	00:36:59
11	141	Andrew Henderson	UA	MOpen	00:37:07
12	174	Paul Neild	Bowland Fell Runners	MOpen	00:37:27
13	142	Paul Collingwood	Askern District Running Club	MOpen	00:37:33
14	103	Sam Fisher	Howgill Harriers	MU21	00:37:36
15	191	Dan Harrison	Howgill Harriers	MV40	00:37:38
16	21	Steve Brown	Swaledale Road Runners	MV50	00:37:42
17	178	Steven Garner	West Cumbria tri	MOpen	00:37:56
18	154	Olly Roberts	Howgill Harriers	MU21	00:38:16
19	134	Jack Oakley	Howgill Harriers	MU21	00:38:30
20	107	Jackie Winn	Ellenborough AC	MV60	00:38:39
21	95	Pat Hanna	Howgill Harriers	MU21	00:38:55
22	145	Mark Flannery	Richmond & Zetland Harriers	MV40	00:39:06
23	19	Derek Partington	Swaledale Road Runners	MV45	00:39:20
24	146	Russel Collins	Teesdale AC	MV45	00:39:26
25	192	Dick Gorst	Howgill Harriers	MV45	00:39:46
26	180	Chris Stirling	Ambleside AC	MOpen	00:39:59
27	94	Martin Randall	Swaledale Road Runners	MV40	00:40:09
28	89	Peter Milburn	Aycliffe Running Club	MV50	00:40:10
29	196	Mike Mckenna	Dallam RC	MV60	00:40:11
30	117	Mike Walsh	Kendal AC	MV60	00:40:18
31	110	Michael Thompson	Teesdale AC	MV40	00:40:49
32	92	Lee Wren	Aycliffe Running Club	MOpen	00:40:53
33	195	Sharon Bulman	New Marske Harriers AC	FOpen	00:41:09
34	96	Al Hanna	Howgill Harriers	MU21	00:41:27
35	159	Thomas Airey	UA	MV45	00:41:32
36	62	Harry Madgwick	Teesdale AC	MU21	00:41:42
37	189	Graham Hindmarsh	UA	MOpen	00:41:53
38	50	Martyn Knox	Aycliffe Running Club	MOpen	00:42:07
39	160	Sean Robinson	Howgill Harriers	MOpen	00:42:08
40	169	James Pitham	Arragons cumbrian tri club	MV40	00:42:10
41	156	Edie Hemstock	Penine	FOpen	00:42:13
42	32	Colin Wild	Quakers Road Runners	MV45	00:42:17
43	166	David Graham	UA	MV50	00:42:20
44	105	Tony Ditchburn	Richmond & Zetland Harriers	MV50	00:42:33
45	78	Michael Fenwick	Swaledale Road Runners	MOpen	00:42:35
46	33	Daniel Tracy	UA	MV40	00:42:38
47	39	Tom Porter	Aycliffe Running Club	MV40	00:42:41

Position	Race no	Name	Club	Cat	HH:MM:SS
48	164	Barry Hodgson	Ellenborough AC	MV55	00:42:45
49	61	Jacqui Keavney	Swaledale Road Runners	FV45	00:43:10
50	193	Ben Houghton	Howgill Harriers	MOpen	00:43:26
51	69	Nigel Holmes	Aycliffe Running Club	MV40	00:43:31
52	25	Michael Salkeld	UA	MOpen	00:43:33
53	151	Kathryn Quine	Kendal AC	FV50	00:43:38
54	150	Steven Turner	Kendal AC	MV50	00:44:00
55	113	Jane Chalmers	UA	FV50	00:44:38
56	179	Justin Tracey	UA	MV40	00:44:50
57	177	Andrew Knox	Quakers RC	MV50	00:44:52
58	48	John Burnside	Aycliffe Running Club	MV55	00:45:08
59	57	Alun Lewis	Howgill Harriers	MV55	00:45:10
60	29	James Renwick-Smith	Howgill Harriers	MU21	00:45:14
61	170	Simon Cummings	Howgill Harriers	MV45	00:45:18
62	60	Peter Smith	Aycliffe Running Club	MV50	00:45:30
63	59	Steve Moss	Teesdale AC	MV50	00:45:37
64	144	Stephen Braithwaite	Helm Hill	MV40	00:45:40
65	136	Clare Marston	Eden Runners	FV40	00:45:44
66	98	Jenn Mattinson	Howgill Harriers	FOpen	00:45:45
67	129	Mike Bell	Eden Runners	MOpen	00:45:52
68	64	Adrian Leigh	Bentham Beagles	MV55	00:46:03
69	16	Christopher Dyer	Howgill Harriers	MV50	00:46:11
70	49	Zoe Mason	Swaledale Road Runners	FOpen	00:46:13
71	111	Stuart Hardcastle	Swaledale Road Runners	MV55	00:46:18
72	138	Mike Cronshaw	Kendal AC	MV60	00:47:23
73	139	Colin Benn	Black Combe Runners	MV55	00:47:26
74	168	Paul Jackson	Howgill Harriers	MV40	00:47:35
75	24	James Flannigan	UA	MV50	00:47:43
76	11	Stuart Clarkson	Swaledale Road Runners	MOpen	00:47:46
77	56	jess Rosher	Swaledale Road Runners	FOpen	00:47:56
78	12	Kev Kendal	Howgill Harriers	MV40	00:47:58
79	163	Patric Gilchrist	Keswick AC	MV65	00:48:05
80	71	Gary Minns	Aycliffe Running Club	MV50	00:48:23
81	46	Tanya Dixon	Eden Runners	FOpen	00:48:36
82	128	Bryan White	UA	MV50	00:48:41
83	155	Neil Thomson	Howgill Harriers	MU21	00:48:43
84	22	Dave Newell	UA	MOpen	00:48:49
85	74	Georgia Houghton	Howgill Harriers	FOpen	00:48:50
86	115	Walt Swanson	UA	MV55	00:48:52
87	102	Jim Fisher	Howgill Harriers	MV50	00:49:01
88	116	Pauline Tyson	Howgill Harriers	FV45	00:49:06
89	157	Kevin May	Howgill Harriers	MV50	00:49:07
90	162	Kate Stacey	UA	FV40	00:49:15
91	82	Jo Fitton	UA	FOpen	00:49:19
92	42	Frances Dobbing	Swaledale Road Runners	FV45	00:49:25
93	149	Mark Colling	Quakers Road Runners	MV40	00:49:26
94	152	John Quine	Kendal AC	MV50	00:49:29

Position	Race no	Name	Club	Cat	HH:MM:SS
95	137	Stephen Leyland	Askern District Running Club	MOpen	00:49:31
96	26	Teresa Douglas	Eden Runners	FV55	00:50:04
97	27	Albert Douglas	Eden Runners	MV60	00:50:05
98	171	Ian Parker	UA	MOpen	00:50:11
99	124	Claire Stewart	UA	FV55	00:50:14
100	55	Susan Milburn	Aycliffe Running Club	FV50	00:50:23
101	7	Christopher Jamieson	Esk Valley Fell Club	MV50	00:50:24
102	81	Peter Rowley	Quakers Road Runners	MV55	00:50:26
103	91	Janet Mcrae	Swaledale Road Runners	FV45	00:50:27
104	84	Ros Blackmore	Swaledale Road Runners	FV45	00:50:44
105	122	Terry Roche	Howgill Harriers	MV50	00:50:52
106	86	Anthony Corbett	Quakers Road Runners	MV45	00:50:55
107	70	Edward Stuttard	UA	MOpen	00:51:05
108	119	Roger Bainbridge	Howgill Harriers	MV50	00:51:08
109	2	John Young	Aycliffe Running Club	MV55	00:51:10
110	161	Rhianna Jones	UA	FOpen	00:51:39
111	148	Paul Robinson	UA	MV50	00:51:40
112	18	Peter Mitchell	Kendal AC	MV60	00:51:44
113	126	Victoria Howarth	Keswick AC	FOpen	00:51:57
114	87	Trish Kay	Aycliffe Running Club	FV50	00:52:01
115	67	Helen Lodge	UA	FOpen	00:52:02
116	68	Aaron Keats	UA	MV40	00:52:03
117	182	Richard Payne	Quakers RC	MV55	00:52:06
118	106	Jonathan O'Connor	UA	MV40	00:52:10
119	183	Mike Dunbobbin	unattached	MV40	00:52:13
120	38	Shelly McCormack	Aycliffe Running Club	FOpen	00:52:31
121	186	Steven Johnston	Quakers RC	MOpen	00:52:46
122	109	David Keetley	UA	MV55	00:52:53
123	90	Jessica Garner	UA	FOpen	00:52:56
124	123	Stephen Harbach	UA	MV55	00:53:16
125	51	Carol Douglas	UA	FV40	00:53:20
126	176	Trish Cooling	Howgill Harriers	FV45	00:53:20
127	65	Hazel Pendlebury	UA	FV40	00:53:21
128	1	Lorna Askew	Helm Hill	FV40	00:53:23
129	143	Clare Stafford	UA	FOpen	00:53:24
130	167	Mark Dodd	UA	MV40	00:54:05
131	184	Tony Ainsworth	unattached	MV45	00:54:28
132	185	Joe Parkins	unattached	MV40	00:54:29
133	76	Philip Owen	Elvet Striders	MV45	00:54:37
134	97	Steve Howarth	UA	MV40	00:54:43
135	114	Jayne Bland	Howgill Harriers	FV45	00:54:43
136	104	Sue Ditchburn	UA	FV50	00:54:55
137	58	Menna Lewis	Howgill Harriers	FV55	00:55:00
138	47	Judith Porter	Aycliffe Running Club	FV55	00:55:09
139	187	Carl Graham	Helm Hill	MV70	00:55:24
140	175	Rhiannon George	Borrowdale Fell Runners	FV40	00:55:47
141	13	Viv Samuelson	Swinton RC	FOpen	00:55:57

Position	Race no	Name	Club	Cat	HH:MM:SS
142	120	Judith Lomax	Howgill Harriers	FV45	00:56:21
143	100	Katie May	Howgill Harriers	FU21	00:56:41
144	10	Gay Eastoe	Alnwick Harriers	FV55	00:57:03
145	9	Richard Eastoe	Alnwick Harriers	MV55	00:57:04
146	23	Christopher Leese	UA	MV60	00:57:23
147	73	Linda Greensmith	UA	FOpen	00:57:50
148	147	Judith Aston	UA	FV45	00:57:50
149	130	Michael Garbutt	UA	MOpen	00:58:04
150	108	Rachel Little	Howgill Harriers	FOpen	00:58:14
151	53	Ruth Power	UA	FV40	00:58:17
152	135	Jane Oakley	Howgill Harriers	FV45	00:58:28
153	101	Lynn May	Howgill Harriers	FV50	00:58:44
154	118	Pauline Bainbridge	Howgill Harriers	FV45	00:58:48
155	37	Tracy Warrior	Aycliffe Running Club	FV40	00:58:50
156	43	Ray Todd	Aycliffe Running Club	MV70	00:58:54
157	52	Alison Dandy	UA	FV40	01:00:09
158	63	Jill Noble	Bentham Beagles	FV50	01:00:11
159	77	Hilary Rouke	UA	FV50	01:00:18
160	173	Joseph Harker	Durham City Harriers & AC	MV70	01:00:23
161	15	Robin Haywood	Howgill Harriers	MV40	01:00:45
162	66	Neil Pendlebury	UA	MOpen	01:01:47
163	41	Katie Brunskill	UA	FOpen	01:03:21
164	28	Jodi Benson	UA	FOpen	01:04:05
165	172	Alan Prest	Quakers RC	MV65	01:04:05
166	4	Ian Codling	Thirsk &Sowerby Harriers	MV70	01:04:25
167	131	Caroline Bryce	UA	FOpen	01:04:39
168	125	Ian Yeates	Carlisle Tri	MV60	01:05:06
169	31	Lisa Jones	UA	FV40	01:05:15
170	181	Richard Clive	FRA	MV70	01:06:15
171	127	Neasha Jackson	UA	FOpen	01:09:47
172	80	Kelli Horner	UA	FOpen	01:10:24
173	20	Jeanette Cooper	UA	FOpen	01:11:53
174	5	Marian Codling	Thirsk &Sowerby Harriers	FV70	01:14:47