

Pos	Bib	First Name	Surname	Club	Cat	Time
1	146	George	Martin	Sedbergh School Running Club	MOpen	00:34:16
2	60	Jonathan	Cox	Eden Runners	MOpen	00:34:59
3	71	Andrew	Douglas	Eden Runners	MV40	00:36:31
4	113	Thomas	Innes	Morpeth Harriers & AC	MOpen	00:36:54
5	76	Marc	Ellis	Quakers RC	MV50	00:37:06
6	243	Richard	Wilson	Kendal AC	MV40	00:37:13
7	230	Andrew	Wallace	Kendal AC	MV40	00:37:23
8	12	Daniel	Balmer	Border Harriers	MOpen	00:37:25
9	250	Brian	Pennington	Howgill Harriers	MV40	00:37:32
10	234	Richard	Wells	Sedbergh School Running Club	MV50	00:37:35
11	185	Joe	Restell	Barnsley AC	MV50	00:37:38
12	242	Matt	Wilson	Kendal AC	MV50	00:37:45
13	251	Timothy	Barker-Chapman	Sedbergh School Running Club	MOpen	00:38:31
14	229	Edward	Walker	Eden Runners	MOpen	00:39:11
15	240	John	Williams	Eden Runners	MV50	00:39:14
16	58	James	Corrigan	Sedbergh	MOpen	00:39:27
17	156	Danny	McIntyre	Quakers RC	MOpen	00:40:00
18	199	Danny	Seddon-Roberts	Sedbergh School Running Club	MV40	00:40:08
19	94	James	Grinbergs	Eden Runners	MV40	00:40:13
20	173	Chris	Phelan	Eden Runners	MV60	00:41:21
21	64	David	Dalziel	Lonely Goat	MOpen	00:41:26
22	178	Chris	Pyle	Lancaster & Morecambe AC	MV50	00:41:48
23	129	William	Laye	Howgill Harriers	MOpen	00:42:06
24	9	James	Atkinson	Aycliffe RC	MOpen	00:42:21
25	163	Mark	Nettleton	Barton & District AC	MV60	00:42:22
26	66	Rob	Dent	Quakers RC	MV40	00:42:27
27	26	Amy	Boustead	Helm Hill	FOpen	00:42:41
28	190	Rory	Robertson	Eden Runners	MOpen	00:42:55
29	159	Lindsay	Murphy	Southport Waterloo Athletics Cub	FOpen	00:43:00
30	10	Aaron	Baglee	Eden Runners	MV50	00:43:24
31	122	Gavin	Kell	Aycliffe RC	MV40	00:43:31
32	211	Dan	Stevens	Evenwood Road Runners	MOpen	00:43:57
33	74	Andy	Dunleavy	Burnden Road Ruuners	MV60	00:44:06
34	34	Benjamin	Brummitt	North Wales Road Runners	MOpen	00:44:08
35	259	Juliet	Price-Iyall	Sedbergh School Running Club	FOpen	00:44:10
36	85	Patrick	Giblin	None	MOpen	00:44:17
37	118	Dave	Jones	Quakers RC	MV50	00:44:32
38	73	Jonathan	Downing	Howgill Harriers	MV40	00:44:49
39	11	David	Baglee	Eden Runners	MV60	00:44:50
40	135	Steffan	Lewis	None	MOpen	00:44:57
41	31	Karen	Bridge	Eden Runners	FV50	00:45:14
42	1	Emily	Abbey	Swaledale Road Runners	FV40	00:45:20
43	246	Paul	Witterick	Howgill Harriers	MV40	00:45:23
44	48	Steven	Christy	Eden Runners	MV50	00:45:26
45	114	Edward	Jermy	Howgill Harriers	MOpen	00:45:28
46	200	Steve	Semple	Eden Runners	MV40	00:45:30
47	93	Edward	Griffiths	Quakers RC	MV40	00:45:33
48	236	Jack	Wheeler	Teesdale AC	MOpen	00:45:43
49	112	Simon	Humphries	None	MV50	00:45:47

Pos	Bib	First Name	Surname	Club	Cat	Time
50	22	George	Birkbeck	Sedbergh School Running Club	MOpen	00:46:04
51	7	Lisa	Askins	Eden Runners	FV40	00:46:08
52	68	Adam	Dodsworth	None	MOpen	00:46:09
53	197	James	Saxon	Eden Runners	MV50	00:46:11
54	92	Ben	Gregory	None	MOpen	00:46:18
55	117	Abbie	Jones	Quakers RC	FOpen	00:46:22
56	8	Gary	Atkinson	Evenwood Road Runners	MV40	00:46:40
57	109	Susie	Hinchcliffe	Pontefract AC	FV50	00:46:45
58	89	Sarah	Golding	None	FV40	00:47:12
59	216	Jeff	Thurlbeck	None	MV60	00:47:16
60	207	Mark	Sowerby	Swaledale Road Runners	MV50	00:47:19
61	90	Ian	Grayson	None	MV50	00:47:32
62	194	Carys	Samuel	Quakers RC	FOpen	00:47:33
63	255	Mike	Falgate	Helm Hill	MV60	00:47:45
64	23	Jim	Bishop	Lonely Goat	MV50	00:47:50
65	128	Martyn	Knox	Aycliffe RC	MOpen	00:47:57
66	98	Fleur	Hardie	Sedbergh School Running Club	FOpen	00:48:12
67	116	Simon	Johnson	None	MV50	00:48:23
68	175	Mark	Pickerill	Eden Runners	MV60	00:48:35
69	106	Kevin Wynn	Hesketh	Preston Harriers & AC	MV70	00:48:39
70	59	Ellie	Cox	Teesdale AC	FOpen	00:48:42
71	70	Michael	Dolderson	Teesdale AC	MV60	00:48:45
72	77	James	Emmerson	Teesdale Athletic Club	MOpen	00:48:53
73	180	Martin	Randall	Swaledale Road Runners	MV50	00:48:55
74	214	Michael	Thompson	Quakers RC	MV50	00:49:00
75	160	Phil	Neal	Quakers RC	MV40	00:49:03
76	102	Ian	Hart	Quakers RC	MV70	00:49:11
77	107	Keith	Hilton	Evenwood Road Runners	MV60	00:49:17
78	42	Neil	Chalmers	Quakers RC	MOpen	00:49:20
79	61	Gareth	Cozens	Howgill Harriers	MV50	00:49:26
80	56	Bernadette	Cooper	Aycliffe RC	FOpen	00:49:28
81	33	Mike	Brown	None	MV60	00:49:34
82	27	Garry	Bower	Eden Runners	MV50	00:49:34
83	121	Deborah	Kell	Aycliffe RC	FV40	00:49:38
84	182	David	Raymond	Teesdale Athletic Club	MV60	00:49:42
85	141	Graham	Looney	Quakers RC	MOpen	00:50:01
86	96	Michael	Hall	Holmfirth Harriers AC	MV60	00:50:01
87	40	David	Cannom	None	MV50	00:50:10
88	192	John	Ryder	Eden Runners	MV50	00:50:14
89	208	Martin	Spooner	Howgill Harriers	MV40	00:50:26
90	261	Sean	Craig	Sedbergh School Running Club	MOpen	00:50:28
91	249	Simon	Alderson	UA	MV40	00:50:30
92	253	Martin	Jones	Lonely goat	MOpen	00:50:33
93	215	Ian	Thurlbeck	None	MV50	00:50:35
94	154	Craig	McDougall	None	MV50	00:50:37
95	130	David	Lea	Eden Runners	MV60	00:50:39
96	231	Lisa	Walton	Eden Runners	FV40	00:50:44
97	201	Andrew	Seymour	Howgill Harriers	MOpen	00:50:46
98	239	Peter	Wilcox	Teesdale Athletics	MV60	00:50:58

Pos	Bib	First Name	Surname	Club	Cat	Time
99	233	Bob	Wells	Bedford Harriers	MV70	00:51:14
100	119	Stuart	Jones	Teesdale Athletic Club	MV60	00:51:20
101	24	Keith	Black	Eden Runners	MV60	00:51:22
102	139	Amy	Lockwood	Dch Run Club	FV50	00:51:50
103	258	Trevor	Sansom	Howgill Harriers	MV50	00:51:54
104	166	Sophie	Norman	Sedbergh School Running Club	FOpen	00:51:57
105	217	Sue	Thurlbeck	None	FV60	00:51:59
106	125	Julia	King	Eden Runners	FV70	00:52:01
107	5	David	Appleyard	Helm Hill	MV60	00:52:04
108	176	Malcolm	Pickering	Wharfedale Harriers	MV70	00:52:06
109	62	Claire	Crewe	Eden Runners	FOpen	00:52:09
110	144	Mica	Lowthian	Eden Runners	FOpen	00:52:17
111	245	Andy	Wiseman	None	MV60	00:52:33
112	155	Christina	McGuire	Lancaster & Morecambe AC	FV60	00:52:38
113	19	Louise	Binns	Barton And District AC	FV50	00:52:46
114	265	Adele	Roche	Howgill Harriers	FV60	00:52:51
115	257	Hannah	Stoddart	Eden Runners	FOpen	00:52:54
116	54	Jim	Coldwell	Swaledale Road Runners	MV50	00:52:57
117	262	Richard	Malton	Burnden Road Runners	MV50	00:53:16
118	218	Chris	Thwaites	Teesdale Tri Club	MV50	00:53:18
119	4	Dan	Anderton	Howgill Harriers	MOpen	00:53:27
120	172	David	Peacock	Eden Runners	MV60	00:54:06
121	86	Jane	Gill	Teesdale Athletic Club	FV60	00:54:08
122	87	Sarah	Gill	Aycliffe RC	FV40	00:54:08
123	209	Yolanda	Spooner	Howgill Harriers	FV40	00:54:14
124	235	Carrie	Wheeler	Teesdale AC	FV40	00:54:17
125	105	Robin	Haywood	Howgill Harriers	MV50	00:54:27
126	2	Peter	Acland	Kendal AC	MV60	00:54:33
127	254	Chris	Muston	Swaledale Road Runners	MV60	00:54:36
128	3	Colin	Anderson	None	MV40	00:54:41
129	46	Marie	Cheng	Helm Hill	FV40	00:54:42
130	228	Andrew	Walker	Eden Runners	MV60	00:54:45
131	103	John	Hartness	Eden Runners	MV50	00:54:47
132	210	Andrew	Stainthorpe	Teesdale AC	MV70	00:55:01
133	91	Rachel	Grayson	Quakers RC	FV50	00:55:03
134	49	Chris	Clark	Quakers RC	MV60	00:55:03
135	203	Catherine	Simpson	Howgill Harriers	FV50	00:55:09
136	238	Bill	Wignall	None	MV70	00:55:23
137	6	Craig	Armstrong	None	MOpen	00:55:25
138	126	Tamara	Kirk	Aycliffe RC	FV40	00:55:36
139	213	Graeme	Stott	Howgill Harriers	MV50	00:55:38
140	226	Darren	Vart	None	MOpen	00:55:41
141	256	Charlotte	Morphet	UA	FOpen	00:55:43
142	52	Paul	Cockburn	Quakers RC	MV50	00:55:49
143	193	Stephen	Sams	None	MV50	00:55:53
144	17	Teresa	Bell	Eden Runners	FV50	00:55:55
145	97	Rachel	Halsall	None	FOpen	00:56:19
146	264	Andrew	Dorset	Howgill Harriers	MV60	00:56:25
147	25	Roy	Bottomley	Eden Runners	MV60	00:56:30

Pos	Bib	First Name	Surname	Club	Cat	Time
148	248	Rebecca	Alderson	UA	FOpen	00:56:45
149	45	Mathilda	Charpentier	Sedbergh School Running Club	FOpen	00:56:49
150	202	Fiona	Sieper	Sedbergh School Running Club	FOpen	00:56:50
151	20	Katie	Bird	Eden Runners	FOpen	00:57:00
152	237	Rob	White	Howgill Harriers	MV40	00:57:02
153	145	Stuart	Lowthian	Eden Runners	MV60	00:57:10
154	29	Alan	Bray	Teesdale AC	MV70	00:57:11
155	232	Doug	Wardle	None	MV60	00:57:17
156	30	Emma	Brewer	Sip Running Club	FOpen	00:57:22
157	151	Amanda	McDonald	Eden Runners	FV60	00:57:31
158	221	Heather	Tinn	Evenwood Road Runners	FOpen	00:58:00
159	164	Don	Nichol	Ramsbottom Running Club	MV70	00:58:08
160	225	Pauline	Tyson	Allithwaite RC	FV60	00:58:17
161	263	Imogen	Weymes	UA	FOpen	00:58:23
162	35	Caroline	Bryce	None	FV40	00:58:47
163	260	Sonia	Gattword	Sedbergh School Running Club	FOpen	00:58:59
164	15	Emily	Beaumont	Quakers RC	FV40	00:59:02
165	50	Helen	Clark	Quakers RC	FV40	00:59:03
166	53	Carmelita	Coco	Quakers RC	FV50	00:59:15
167	79	Laura	Fawcett	None	FOpen	00:59:20
168	120	Trish	Kay	Aycliffe Running Club	FV60	00:59:21
169	206	Kate	Sowerby	Howgill Harriers	FOpen	01:00:22
170	95	Karen	Hall	Teesdale Athletic Club	FV50	01:00:26
171	41	Sharon	Carr	Quakers RC	FV50	01:00:31
172	67	Graham	Di Duca	None	MV60	01:01:05
173	127	Philip	Kirkham	Barton And District	MV60	01:02:22
174	177	Joanne	Pilling	None	FV50	01:02:35
175	134	Menna	Lewis	Howgill Harriers	FV60	01:02:52
176	227	Dorthe	Villadsen	Eden Runners	FV50	01:02:54
177	195	Isabel	Savage	None	FOpen	01:04:31
178	123	Alan	Kellettt	Aycliffe RC	MV70	01:04:39
179	204	Adella	Smart	Eden Runners	FV50	01:04:50
180	131	Ruth	Lea	Eden Runners	FV50	01:05:04
181	183	Paul	Reid	None	MV40	01:05:30
182	157	Fiona	McKean	Eden Runners	FV60	01:05:40
183	111	Claudia	Holden	Barton And District	FV50	01:06:05
184	162	Alison	Nettleton	Barton & District AC	FV50	01:06:11
185	252	Katie	Stafford	Morpeth Harriers & AC	FOpen	01:06:13
186	220	Trevor	Tinkler	Aycliffe RC	MV60	01:06:15
187	167	Sue	Oldfield	Barton And District AC	FV70	01:06:31
188	115	Penny	Johnson	Team Caterpillar	FV50	01:07:37
189	14	Samantha	Baronowski	Aycliffe RC	FV40	01:07:37
190	158	Simon	Metcalfe	Quakers RC	MOpen	01:08:15
191	138	Diane	Lockhart	Quakers RC	FV40	01:08:15
192	37	Sarah	Burrows	Quakers RC	FV40	01:08:15
193	63	Robin	Crosby	Evenwood Road Runners	MV50	01:09:48
194	100	Rebecca	Harrison	Teesdale Athletics	FV40	01:10:19
195	168	Tony	Orr	None	MV60	01:10:56
196	133	Georgina	Lewis	Evenwood Road Runners	FV50	01:11:01

Pos	Bib	First Name	Surname	Club	Cat	Time
197	205	Elaine	Smith	Evenwood Road Runners	FV50	01:11:35
198	244	Susan	Winn	Women On The Run Kendal	FV60	01:12:34
199	44	Tracy	Chaplin	Barton & District AC	FV60	01:13:41
200	57	Simon	Cooper	None	MV40	01:13:44
201	136	Raymond	Lightle	Bedale And Askew Runners	MV70	01:14:23
202	38	Tanya	Bushell	Women On The Run	FV40	01:16:00
203	84	Gail	Foster	Teesdale Athletics	FV50	01:17:22
204	69	Karen	Dolderson	Teesdale AC	FV60	01:17:24
205	18	Hilary	Bevan	Darlington Harriers & AC	FV40	01:17:26
206	82	Hayley	Fleming	Women On The Run	FOpen	01:18:47
207	75	Cheryl	Dunleavy	Burnden Road Runners	FV40	01:19:35
208	179	Jane	Quinn	Evenwood Road Runners	FV50	01:21:19
209	186	Gail	Richards	Evenwood Road Runners	FV40	01:21:19
210	169	Julia	Park	None	FV50	01:25:52