

Pos	Bib	First Name	Surname	Club	Age	Cat	Time
1	32	Josh	Boyle	Ribble valley harrier	18	MOpen	00:25:13
2	50	Joshua	Jardine	Helm Hill	21	MOpen	00:25:35
3	48	Jack	Wright	Ambleside AC	25	MOpen	00:27:16
4	25	Adam	Perry	Helm Hill	30	MOpen	00:27:36
5	45	Darren	Kay	Calder Valley Fell Runners	47	MV40	00:27:48
6	26	Bill	Stewart	Borrowdale Fell Runners	46	MV40	00:28:35
7	38	Ben	Proctor	Helm Hill	37	MOpen	00:28:58
8	34	Matt	Brindle	UA	40	MV40	00:29:04
9	17	Phil	Mather	Lonsdale Fell Runners	34	MOpen	00:29:58
10	35	Lee	Proctor	Helm Hill	38	MOpen	00:30:09
11	54	Nigel	Wood	Helm Hill	43	MV40	00:30:18
12	12	James	Byrne	Ambleside AC	43	MV40	00:30:35
13	33	Eddie	Fletcher	Keswick AC	32	MOpen	00:30:43
14	51	Justin	Tancred	Helm Hill	44	MV40	00:30:48
15	47	Hugo	Hunt	Ambleside AC	25	MOpen	00:30:59
16	8	Rob	Crawford	Howgill Harriers	42	MV40	00:31:12
17	9	Brian	Pennington	Howgill Harriers	42	MV40	00:31:35
18	6	Billy	Procter	Helm Hill	61	MV60	00:32:03
19	21	Matt	Neale	UA	46	MV40	00:32:20
20	11	Joe	Todd	KendalAAC	43	MV40	00:32:24
21	18	Richard	Wells	Howgill Harriers	47	MV40	00:32:40
22	3	Graham	Schofield	Horwich RMI	62	MV60	00:32:47
23	30	Sean	Robinson	Howgill Harriers	40	MV40	00:33:49
24	46	Jon	Richardson	Rosendale Harriers AC	40	MV40	00:33:59
25	19	DAVID	Banks	Kendal AC	54	MV50	00:34:07
26	44	David	Goadby	Helm Hill	32	MOpen	00:34:14
27	27	Stephen	Moffat	Howgill Harriers	60	MV60	00:34:24
28	24	Bethany	Bergstrand	Middlesbrough AC (Mandale)	15	FU18	00:35:13
29	36	Tony	Thornton	Settle Harriers	46	MV40	00:35:44
30	40	Verity	Russo	UA	31	FOpen	00:35:55
31	13	Ellie	Maddocks	Lonsdale Fell Runners	31	FOpen	00:36:06
32	52	Otto	Nelson	UA	24	MOpen	00:37:03
33	31	Al	Hanna	Howgill Harriers	24	MOpen	00:37:05
34	53	Mark	Mcglincy	Keswick AC	49	MV40	00:37:08
35	43	Jonathan	Stubbs	Settle Harriers	54	MV50	00:38:02
36	37	Brian	Kennedy	Settle Harriers	57	MV50	00:38:10
37	2	Rich	Wilkinson	Long Eaton RC	58	MV50	00:38:14
38	5	Richard	Greenep	Settle Harriers	48	MV40	00:40:13
39	39	Jenny	Brindle	UA	36	FOpen	00:40:45
40	42	Maisie	Gough	Howgill Harriers	15	FU18	00:40:55
41	10	Michelle	Middleton	Howgill Harriers	39	FOpen	00:42:00
42	16	Jane	Verity	Howgill Harriers	47	FV40	00:42:44
43	28	Denise	Tunstall	Durham Fell Runners	54	FV50	00:43:57
44	41	Robin	Haywood	Howgill Harriers	49	MV40	00:45:33
45	20	Mark	Glenridding	UA	51	MV50	00:45:37
46	14	Ben	Pellen	Durham Fell Runners	21	MOpen	00:45:52
47	15	Martin	Patterson	Durham Fell Runners	57	MV50	00:46:18
48	4	Helen	Greenep	Settle Harriers	54	FV50	00:46:30
49	29	Zoe	Robinson	Howgill Harriers	38	FOpen	00:46:36

50	22	May	Crawford	Helm Hill	39	FOpen	00:47:13
51	1	Trevor	Metcalfe	Wharfedale Harriers	62	MV60	00:51:51
52	49	Emma	Richardson	Rossendale Harriers AC	28	FOpen	00:54:08
53	23	Trish	Woof	Howgill Harriers	46	FV40	01:05:29
54	7	Fiona	Stone	Howgill Harriers	41	FV40	01:05:34