

Pos	No	First Name	Surname	Club	Cat	Time
1	52	Simon	Nott	Calne Running Club	MOpen	00:32:51
2	16	John	French	Eden Runners	MOpen	00:35:17
3	13	Daniel	Fisher	Valley Striders AC	MOpen	00:37:10
4	107	Gary	Grounds	Burn road harriers	MV40	00:37:41
5	43	Nigel	McCombie	Eden Runners	MOpen	00:38:05
6	34	Jordan	Kelly	Cumberland AC	MOpen	00:38:19
7	105	James	Broom	Borrowdale Fell Runners	MOpen	00:40:50
8	8	David	Dalziel		MOpen	00:40:51
9	17	Grant	Glendinning		MV40	00:41:08
10	50	Paul	Nickells	Eden Runners	MV50	00:41:25
11	51	Denise	Nott	Calne Running Club	FV40	00:41:40
12	54	Ray	Padgett		MV60	00:41:45
13	63	Nadia	Shaw	Cumberland AC	FOpen	00:42:14
14	96	Jake	Higginbottom	UA	MOpen	00:43:09
15	103	Frank	Hewer	UA	MV40	00:43:31
16	66	James	Simpson	Eden Runners	MOpen	00:43:35
17	97	Stephen	Moffat	Howgill Harriers	MV60	00:44:00
18	15	Andrew	Fletcher	Swaledale Runners	MV60	00:44:01
19	20	Adrian	Hadley	Cumberland AC	MOpen	00:44:22
20	91	Geoffrey	Chapman	Eden Runners	MV50	00:45:29
21	92	Charles	Watson	UA	MV50	00:45:34
22	59	David	Roper	Howgill Harriers	MV50	00:46:01
23	71	Peter	Telford	Cumberland AC	MV40	00:46:27
24	4	Gary	Binks		MV40	00:46:36
25	1	Robbie	Armstrong		MV40	00:46:40
26	12	Susanne	Enhard	Compton Harriers RC	FV50	00:46:43
27	102	Michael	Harrison	UA	MV50	00:47:07
28	45	Kathryn	Metcalfe	Eden Runners	FV40	00:47:19
29	73	Richard	Thorburn		MV40	00:48:02
30	104	Tracey	Owen	Cumberland AC	FOpen	00:48:15
31	109	Ben	Smithers	Red Rose Road RC	MOpen	00:48:39
32	60	Sam	Rowan		FV40	00:48:44
33	106	Mo	Davis	Howgill Harriers	MV40	00:49:17
34	76	Andrew	Walker	Eden Runners	MV50	00:49:37
35	90	Debbie	Charlton	Keswick AC	FV40	00:49:40
36	79	Mike	Welch		MV50	00:50:21
37	93	James	Watson	UA	MOpen	00:50:46
38	25	Malwina	Horoszkiewicz		FOpen	00:51:20
39	58	Martin	Robinson		MOpen	00:51:21
40	47	Holly	Moore		FOpen	00:51:23
41	36	Olivia	Kidd	Eden Runners	FOpen	00:51:28
42	44	Anna	McCombie	Eden Runners	FOpen	00:51:31
43	31	Rhiannon	Jones	Cumberland AC	FV40	00:51:51
44	75	Jane	Verity		FV40	00:51:53
45	7	Sandra	Collins	Aycliffe Running Club	FV50	00:51:58
46	108	Victoria	Fawcett	Burn road harriers	FV40	00:52:47
47	3	Jill	Barraclough		FOpen	00:53:06
48	94	Mike	Walker	Kendal AC	MV60	00:53:15
49	80	Nicola	Willacy		FV40	00:53:30

Pos	No	First Name	Surname	Club	Cat	Time
50	38	Billy	Kinnard		MOpen	00:53:34
51	23	Nigel	Hierons	Eden Runners	MV40	00:53:39
52	21	robin	haywood	Howgill Harriers	MV40	00:53:49
53	69	Caitlin	Stokes	Howgill Harriers	FOpen	00:54:09
54	6	Tony	Brown	Stocksfield Striders	MV50	00:54:52
55	42	vera	lee-shephard		FV50	00:55:17
56	9	Sophie	Dobinson		FOpen	00:55:31
57	84	Sarah	Wright	Eden Runners	FV40	00:55:39
58	89	Trevor	Sansom	Howgill Harriers	MV50	00:55:40
59	32	Stephen	Kay	Eden Runners	MV50	00:55:53
60	33	David	Keetley		MV60	00:56:05
61	100	Fiona	Ferguson	Eden Runners	FV40	00:56:31
62	82	Malcolm	Wood	Cumberland AC	MV50	00:56:31
63	64	Tracey	Shaw	Cumberland AC	FOpen	00:57:24
64	37	Judith	Kilgallon		FV40	00:57:31
65	40	Mike	Leddy		MV40	00:57:45
66	101	Rachel	Sturman	UA	FV50	00:57:47
67	61	Suzanne	Sansom	Howgill Harriers	FV40	00:58:12
68	46	Karen	Mitchell	Cumberland AC	FOpen	00:58:26
69	74	Julie	Townsley	St Bees Triers	FOpen	00:58:26
70	62	Tim	Sawyer		MV50	00:59:14
71	98	Cheryl	Moffat	UA	FOpen	00:59:14
72	68	Peter	Sowerby		MV50	00:59:24
73	24	Ian	Holloway		MV70	00:59:47
74	65	Sarah	Simmons		FV40	00:59:49
75	56	Sarah	Rawlings		FOpen	01:00:37
76	57	Matthew	Rawlings		MOpen	01:00:37
77	11	Craig	Duncan	Cumberland AC	MV40	01:01:05
78	30	Jac	Jones		FV40	01:01:40
79	70	Shaun	Teasdale		MV50	01:01:40
80	49	Wendy Jane	Navin	St Bees Triers	FV40	01:01:53
81	22	Heather	Heron		FV60	01:02:19
82	77	Lucy	Ward	Howgill Harriers	FV40	01:02:25
83	29	Russell	Jones	Thornton Cleveleys Running Club	MV50	01:02:36
84	95	Laura	Kinnard	Eden Runners	FOpen	01:05:24
85	41	Kerry	Lee	Cumberland AC	FOpen	01:05:29
86	99	Katie	Armstrong	UA	FOpen	01:05:29
87	53	Laura	Ousby		FOpen	01:06:00
88	81	Allen	Winter-Moore	Cumberland AC	FOpen	01:06:05
89	10	Elizabeth	Dodd	Cumberland AC	FOpen	01:06:20
90	39	Tracey	Knowles	Cumberland AC	FV40	01:07:00
91	26	Wayne	Hullock		MOpen	01:07:55
92	18	Rebecca	Glynn	Cumberland AC	FOpen	01:08:09
93	72	Lorraine	Telford	Cumberland AC	FV40	01:10:18
94	19	Helen	Graham		FOpen	01:10:32
95	85	Sarah	Wrightson		FOpen	01:12:06
96	83	Trish	woof	Howgill Harriers	FV40	01:14:13
97	55	Penelope	Pullinger	Bungay Black Dog RC	FV50	01:14:44
98	28	Melanie	Jones	Thornton Cleveleys Running Club	FV40	01:17:24

Pos	No	First Name	Surname	Club	Cat	Time
99	5	Katie	Bird		FOpen	01:18:26
100	27	Jane	Jackson		FOpen	01:18:28