

Pos	No	First Name	Surname	Club	Cat	Time
1	131	Alex	Kiel	Quakers RC	MOpen	00:34:23
2	86	Sam	Fisher	Howgill Harriers	MOpen	00:34:52
3	189	Joe	Restell	Aycliffe RC	MV40	00:37:08
4	15	Sarah	Tunstall	Kendal AC	FOpen	00:37:24
5	116	Carl	Jones	Richmond & Zetland Harriers	MV40	00:37:41
6	98	Pat	Hanna	Howgill Harriers	MOpen	00:37:57
7	84	Carl	Fisher	Cumberland AC	MOpen	00:38:30
8	470	Kevin	Wallace	Cumberland AC	MV40	00:38:32
9	176	Brian	Pennington	Howgill Harriers	MV40	00:38:43
10	65	Robert	Crawford	Howgill Harriers	MV40	00:38:49
11	181	Jonathan	Purslow	Kendal AC	MV50	00:38:56
12	466	Maciej	Trzeciak	None	MOpen	00:39:03
13	397	Andy	Thompson	Helm Hill	MOpen	00:39:17
14	48	David	Christie	Knaresborough Striders	MV50	00:39:22
15	192	Steve	Robinson	None	MV50	00:39:34
16	183	Dave	Ramsay	Bentham Beagles RC	MV55	00:39:51
17	67	Lee	Davies	Richmond & Zetland Harriers	MV40	00:39:57
18	97	Alistair	Hanna	Howgill Harriers	MOpen	00:39:59
19	39	Sharon	Bulman	New Marske Harriers AC	FV40	00:40:03
20	21	Craig	Bottomley	Eden Runners	MOpen	00:40:17
21	114	Ross	Jenkin	Howgills Harriers	MOpen	00:40:33
22	127	Jordan	Kelly	Cumberland AC	MOpen	00:40:39
23	389	Anthony	Spruce	None	MOpen	00:40:43
24	166	Mark	Nettleton	Barton And District AC	MV50	00:40:48
25	200	Nadia	Shaw	Cumberland AC	FOpen	00:40:52
26	147	Brian	Martin	Quakers RC	MV60	00:41:02
27	18	Peter	Bennett	Cumberland AC	MV45	00:41:12
28	73	Heidi	Dent	Howgill Harriers	FOpen	00:41:15
29	60	Laurence	Corbett	Richmond & Zetland Harriers	MV45	00:41:31
30	105	Mark	Hinchcliffe	Askern DRC	MV40	00:41:34
31	28	Antony	Briscoe	Cumberland AC	MV55	00:41:43
32	96	Owen	Griffiths	Barton And District AC	MOpen	00:41:49
33	90	Colin	Jobber	Barton And District AC	MV45	00:42:21
34	144	Jonathan	Manchester	Barton And District AC	MOpen	00:42:23
35	9	David	Bainbridge	Howgill Harriers	MOpen	00:42:39
36	132	Martyn	Knox	Aycliffe RC	MOpen	00:42:44
37	191	David	Roberts	Stainland Lions RC	MV50	00:42:48
38	184	Martin	Randall	Swaledale Road Runners	MV45	00:42:59
39	488	Ian	Wilson	Cumberland AC	MOpen	00:43:09
40	399	Michael	Thompson	Quakers RC	MV45	00:43:13
41	61	Adrian	Cottam	Quakers RC	MOpen	00:43:15
42	74	Rob	Dent	Quakers RC	MOpen	00:43:19
43	102	Kevin	Hesketh	Preston Harriers & AC	MV60	00:43:32
44	194	Pete	Rolls	None	MOpen	00:43:44
45	465	Louise	Trainor	Quakers RC	FV45	00:43:50
46	107	Richard	Holland	Aycliffe RC	MV40	00:43:54
47	63	Susan	Cranswick	Aycliffe RC	FOpen	00:43:57
48	38	Jonathan	Buckley	Cumberland AC	MOpen	00:44:00
49	157	Steven	Middleton	Howgill Harriers	MV45	00:44:03

50	69	Alan	Barr	Howgill Harriers	MV45	00:44:05
51	165	Dennis	Nelson	Dallam RC	MV50	00:44:14
52	474	John	Wealthy	None	MV50	00:44:17
53	150	Natalie	McCarron	Cumberland AC	FOpen	00:44:48
54	478	Peter	Wilcox	Teesdale AC	MV55	00:45:04
55	20	David	Blewitt	Aycliffe RC	MV50	00:45:13
56	161	Steve	Moss	Teesdale AC	MV55	00:45:14
57	473	Susie	Warris	Askern DRC	FV40	00:45:20
58	133	Gareth	Kyle	Quakers RC	MOpen	00:45:23
59	36	Benjamin	Buckby	Penny Lane Striders	MOpen	00:45:25
60	99	Michael	Harrison	Howgill Harriers	MV55	00:45:28
61	128	Paul	Kelly	Durham Fell Runners	MV60	00:45:34
62	93	Peter	Gorst	Kendal AC	MV55	00:45:38
63	1	Emily	Abbey	Swaledale Road Runners	FOpen	00:45:40
64	298	David	Smith	Dewsbury Road Runners	MV55	00:45:49
65	122	Helen	Keats	None	FV40	00:45:51
66	153	Brian	McLaren	Quakers RC	MV45	00:45:59
67	396	Graeme	Stott	Howgill Harriers	MV45	00:46:09
68	109	Rebecca	Howard	Quakers RC	FOpen	00:46:13
69	103	Marian	Hesketh	Preston Harriers & AC	FV60	00:46:22
70	195	David	Roper	Howgill Harriers	MV55	00:46:25
71	483	Stanley	Williams	Askern DRC	MV60	00:46:52
72	469	Andrew	Walker	Quakers RC	MV50	00:47:00
73	94	Lucy	Goundry	Richmond & Zetland Harriers	FV40	00:47:10
74	75	Anthony	Ditchburn	Richmond & Zetland Harriers	MV55	00:47:14
75	391	Helen	Staley	None	FV40	00:47:19
76	149	Kevin	May	Howgill Harriers	MV55	00:47:22
77	43	Ross	Caldow	None	MOpen	00:47:32
78	185	Kimberley	Reeve	Darlington Harriers & AC	MV45	00:47:39
79	482	Sharon	Williams	North Leeds Fell Runners	FV50	00:47:48
80	137	Adrian	Leigh	Bentham Beagles RC	MV60	00:47:55
81	119	Stuart	Jones	Steel City Striders	MV55	00:48:03
82	3	David	Aiken	Darlington Harriers	MOpen	00:48:06
83	139	Alun	Lewis	Howgill Harriers	MV60	00:48:12
84	481	Sean	Williams	Teesdale AC	MV50	00:48:14
85	167	Iain	Nicholson	Bodyfit Cumbria	MV45	00:48:16
86	171	Michael	Oliver	Quakers RC	MV50	00:48:20
87	168	Rob	Nicholson	Aycliffe RC	MV60	00:48:30
88	179	Stuart	Pyne	Cumberland AC	MOpen	00:48:37
89	188	Simon	Rek	Quakers RC	MV45	00:48:42
90	123	Thomas	Keegan	Howgill Harriers	MV50	00:48:48
91	95	Debs	Greaves	Howgill Harriers	FV40	00:49:08
92	489	Vic	Wilson	Cumberland AC	FOpen	00:49:09
93	486	Daniel	Wilson	Cumberland AC	MOpen	00:49:11
94	82	Cliff	Etherden	None	MV65	00:49:13
95	299	Matthew	Smith	None	MV45	00:49:19
96	494	Emily	Yarrow	None	FOpen	00:49:27
97	463	Jonathan	Tombs	Eden Runners	MV45	00:49:44
98	477	Pauline	Whittaker	Richmond & Zetland Harriers	FV50	00:50:04
99	22	Roy	Bottomley	Eden Runners	MV50	00:50:10

100	78	Austin	Donoghue	Aycliffe RC	MV40	00:50:11
101	85	Jim	Fisher	Howgill Harriers	MV55	00:50:13
102	156	Michelle	Middleton	Howgill Harriers	FOpen	00:50:19
103	53	Phil	Clarke	Quakers RC	MV65	00:50:46
104	390	Clare	Stafford	None	FV40	00:51:06
105	142	Raymond	Lightle	Barton And District AC	MV65	00:51:14
106	32	Michael	Brown	None	MV50	00:51:22
107	120	Trish	Kay	Aycliffe RC	FV55	00:51:24
108	72	Sian	Dempster	Cumberland AC	FOpen	00:51:27
109	91	Rob	Gillham	Quakers RC	MV50	00:51:31
110	92	Nick	Gilling	Aycliffe RC	MOpen	00:51:33
111	143	Andrew	Lumley	Aycliffe RC	MV45	00:51:44
112	47	Andrea	Challenger	Cumberland AC	FV40	00:51:46
113	80	Nicholas	Downes	Cumberland AC	MV40	00:51:47
114	182	Warren	Raine	Aycliffe RC	MV50	00:51:57
115	136	David	Ledgerwood	Quakers RC	MV45	00:52:01
116	467	Denise	Tunstall	Teesdale AC	FV50	00:52:03
117	31	Mark	Brown	None	MOpen	00:52:06
118	70	Julie	Dean	Bentham Beagles RC	FV50	00:52:14
119	33	Mike	Brown	Quakers RC	MOpen	00:52:21
120	388	Jonny	Southworth	Tunbridge Wells Harriers	MOpen	00:52:22
121	151	Ruth	McDonald	Bentham Beagles RC	FV55	00:52:45
122	117	Paul	Martin	Cumberland AC	MV55	00:52:49
123	19	Louise	Binns	Barton And District AC	FV40	00:52:50
124	44	Samantha	Caldow	None	FOpen	00:52:59
125	27	Alan	Bray	Teesdale AC	MV65	00:53:01
126	50	Chris	Clark	Keswick AC	MV65	00:53:04
127	54	Faith	Cobaine	None	FV45	00:53:29
128	485	Abigail	Willson	Quakers RC	FOpen	00:53:38
129	110	Stephanie	Hulford	Howgill Harriers	FV45	00:53:41
130	52	Kim	Clark	Keswick AC	FV60	00:53:42
131	400	Marlene	Todd	None	FV55	00:53:50
132	472	Robert	Ward	Howgill Harriers	MV50	00:53:56
133	395	Fi	Stone	Howgill Harriers	FV40	00:54:00
134	145	Martin	Manchester	Barton And District AC	MV50	00:54:01
135	101	Robin	Haywood	Howgill Harriers	MV45	00:54:04
136	491	Martyn	Wood	None	MOpen	00:54:06
137	7	Gavin	Armstrong	Quakers RC	MOpen	00:54:08
138	64	May	Crawford	Helm Hill	FOpen	00:54:12
139	59	Anthony	Corbett	Quakers RC	MV50	00:54:14
140	164	Neil	Gibbons	None	MV50	00:54:18
141	468	Laura	Tunstall	None	FOpen	00:54:23
142	135	Emma	Latham	None	FV40	00:54:24
143	125	Alan	Kellett	Aycliffe RC	MV60	00:54:36
144	124	David	Keetley	Howgill Harriers	MV60	00:54:38
145	100	Margaret	Hawley	Cumberland AC	FV60	00:54:42
146	154	Juliette	McLaren	Quakers RC	FV40	00:54:58
147	4	Darren	Alderson	Quakers RC	MV50	00:55:07
148	35	Stuart	Buchanan	Cumberland AC	MV55	00:55:16
149	51	Helen	Clark	Sleaford Striders	FOpen	00:55:20

150	158	Gary	Minns	Aycliffe RC	MV55	00:55:22
151	175	Neil	Pendlebury	None	MV40	00:55:25
152	49	Helen	Clapham	Barton And District AC	FV45	00:55:29
153	121	Aaron	Keats	None	MV45	00:55:34
154	148	Sandra	Martin	Quakers RC	FV50	00:55:38
155	476	Elizabeth	White	Howgill Harriers	FV50	00:55:47
156	490	Malcolm	Wood	Cumberland AC	MV55	00:55:56
157	126	Anne	Kellett	Aycliffe RC	FV55	00:55:58
158	46	Sandra	Cass	Quakers RC	FV50	00:56:23
159	475	Julie	Whinn	Quakers RC	FV55	00:56:36
160	111	Peter	Ion	Kendal AC	MV70	00:56:38
161	173	Adrian	Verity	Howgill Harriers	MV40	00:56:48
162	484	Isobel	Williamson	None	FV65	00:57:02
163	159	Pete	Mitchell	Kendal AC	MV65	00:57:08
164	296	James	Simpson	Quakers RC	MOpen	00:58:03
165	180	John	Quine	Kendal AC	MV55	00:58:05
166	155	Graham	Middleton	None	MV65	00:58:49
167	392	Darwin	Nelson	RAF	MOpen	00:58:52
168	13	Philip	Ball	None	MOpen	00:58:55
169	41	Denise	Butler	Cumberland AC	FV45	00:59:03
170	106	Katrina	Nelson	Dallam RC	FOpen	00:59:04
171	141	Menna	Lewis	Howgill Harriers	FV60	00:59:06
172	187	Paul	Reid	None	MOpen	00:59:31
173	193	Judith	Rodwell	Teesdale AC	FV65	00:59:51
174	177	Bev	Phillippo	Aycliffe RC	FV45	00:59:53
175	66	Tyla	Crook	Helm Hill	FOpen	00:59:55
176	30	Lindsey	Brown	Aycliffe RC	FOpen	00:59:59
177	297	Laura	Smillie	None	FOpen	01:00:13
178	197	Suzanne	Sansom	Howgill Harriers	FV40	01:00:27
179	37	Nicki	Buckett	Richmond & Zetland Harriers	FV45	01:00:31
180	14	Ian	Baronowski	Aycliffe RC	MV40	01:00:36
181	130	Craig	Kershaw	Cumberland AC	MV70	01:00:41
182	11	Lucy	Baker	Howgill Harriers	FV40	01:00:43
183	178	Tracey	Plaskitt	Quakers RC	FV45	01:00:55
184	23	Sheila	Bottomley	Eden Runners	FV55	01:01:02
185	186	Lisa	Reeve	Quakers RC	FOpen	01:01:10
186	160	Caroline	Moss	Teesdale AC	FV60	01:01:12
187	89	Shane	Fox	Cumberland AC	MOpen	01:01:17
188	190	Jennie	Riding	Howgill Harriers	FOpen	01:01:33
189	300	Wendy	Smith	Helm Hill	FV45	01:02:47
190	115	Lisa	Jenkins	Quakers RC	FV40	01:03:08
191	68	Steve	Davies	None	MV45	01:03:31
192	163	Gill	Murray	None	FV55	01:04:02
193	170	Jonathan	O'Connor	None	MV45	01:04:17
194	138	Janet	Leighton	None	FV50	01:04:33
195	169	Jill	Noble	Bentham Beagles RC	FV55	01:04:37
196	42	Emma	Bzik	Bodyfit RC	FOpen	01:05:02
197	104	Laura	Hillyer	None	FOpen	01:06:17
198	198	Tim	Sawyer	None	MV50	01:06:21
199	174	Hazel	Pendlebury	None	FV45	01:06:21

200	6	Skye	Archer	Teesdale AC	FV45	01:06:24
201	87	Emma	Ford	Teesdale AC	FOpen	01:06:30
202	58	Diana	Cooper	Cumberland AC	FOpen	01:07:14
203	172	Judy	Pearce	Askern DRC	FV40	01:07:44
204	129	Tracey	Kennett	Cumberland AC	MV45	01:08:00
205	77	Eve	Doe	Aycliffe RC	FV55	01:09:02
206	76	Elizabeth	Dodd	Cumberland AC	FOpen	01:10:17
207	79	Karen	Dove	Quakers RC	FV40	01:11:11
208	16	Emily	Beaumont	Quakers RC	FOpen	01:11:12
209	492	Abbi	Woof	Howgill Harriers	FOpen	01:12:02
210	493	Trish	Woof	Howgill Harriers	FV45	01:12:11
211	45	Dot	Carr	None	FV70	01:12:34
212	55	Ian	Codling	Thirsk And Soweby Harriers	MV75	01:14:46
213	2	Anne	Abbott	None	FV70	01:14:59
214	140	Emma	Lewis	None	FOpen	01:15:22
215	56	Marian	Codling	Thirsk And Soweby Harriers	FV75	01:18:12
216	471	Lucy	Ward	Howgill Harriers	FV40	01:28:12