

Archived meetings 2016 (reverse order)

SUNDAY 18TH DECEMBER after the Christmas cracker run (approx. 1.30pm) at Peoples Hall in Sedbergh

HOWGILL HARRIERS

Committee Meeting 11th November 2016 Sedbergh Dental Practice

Present;

Eddie Close, Adele Roche, Georgia Houghton, Terry Roche, Brian Pennington, Fraser Livesey, Richard Wells, Phil Cooper, Heather Thomas

Apologies; Jane Oakley.

Minutes from the last meeting. Reviewed and accepted as correct

CIO Richard Wells presented a case for the club becoming a CIO. (A Charitable incorporated Organisation). Discussion centred largely on whether we needed to change, with a concerns being raised about the committee members potentially being liable for contracts entered into by the club. There was uncertainty about whether our affiliation with England Athletics already provided sufficient cover. It was agreed that the issues should be looked at by committee members so we can get a better understanding of the situation.

Ravenstonedale;- We now have over 200 runners register to race on the 26th Nov. Richard Staley is organising CP and more toilets. Fraser will source a defibrillator. And will set up sign on the course with Eddie early Saturday morning. Terry will put a message on the website and Fb regarding the need for volunteers to help with registration and timing, requesting that all volunteers contact Fraser directly on his mobile. AR and TR will check we have spare paper for the timers. Paul Brittleton has race numbers. Georgia has organised medals for the juniors and we decided that this was sufficient reward!

Website;- Terry has proposed that the club change to share the same host that he uses,. If the club contributes to the costs (£50.00 pa), this will allow us to benefit form a bigger package and a better deal.

Christmas Cracker run; (Fancy dress) 18th Dec at the peoples Hall in Sedbergh. John Hosker has organised the route, including one for juniors. The Hall has been hired for the whole day, and the plan is for everyone to bring food to contribute to a Jacobs join. This event will then act as our winter social

Beginners The Kirkby Stephen Hobblers are planning to relaunch in the New Year. All participants will be required to register with Runtogether, (previously Run England). Sessions will be as previous, Sundays 9.00m at the cricket club. Adele has downloaded a poster to help publicity. Ordering 50 A5 posters will cost £10.00. Georgia and Pete are Welfare officers.

KIT; Heather Thomas has taken over the role of kit manager. Heathers business allows her to print individualised logos on mugs (£5.00), drinking bottles (£7.50) and travel

mugs (£8.00).She and Georgie will attend a 'stall' at Sedbergh School on the 9th Dec, to promote the club.

Juniors; Sessions are running smoothly and successfully. Some of the torches donated to the Sedbergh juniors will be passed across to the Kirkby Stephen group.

Kirkby Stephen 10 Km Road Race; date proposed is Wed 17th May at the Grammar school. Eddie will check that the date does not clash with other events, then we need to publicize the race and encourage more runners to take part.

AOB

Jos Livesey (on an epic European cycle journey for Alzheimer's) and Mo Kelly (New York marathon), will both be publicized on the website to help promote the good causes that they are raising money for.

NEXT MEETING; MONDAY 14TH NOVEMBER 8.00pm AT THE DENTAL SURGERY IN SEDBERGH.

HOWGILL HARRIERS

Committee Meeting 10th October 2016 Bunk Barn Murthwaite

Present;

Eddie Close, Adele Roche, Alan Jackson, Georgia Houghton, Terry Roche, Brian Pennington, Paul Brittleton, Fraser Livesey, Richard Wells, Pete Holton, Steve Moffat, Phil Cooper,

Apologies; Heather Thomas, Jane Oakley.

Ravenstonedale 10km 2016; We have 110 postal entries and 11 postal (still to be processed (**GH**)). HH Club members have free entry. Registration will again be at High chapel, Richard Staley is organising marshals, car parking and soup. Libby Bateman will be contacted re a defibrillator (AR), and Frazer will be named first Aider. Age categories are to be in 5 year bands (TR). As there is only one toilet on site, it was felt that we needed to look at hiring a couple of portaloos (PB). Junior prizes; GH to look at ordering medals. We need more members to be involved with registration and timing. The Course measurement certificate has been renewed and AR awaits acceptance confirmation from the adjudicator re the Race licence.

London Marathon Club places 2017; Application is mid October (AR) we now have 102 EA registered senior members which should allow 2 club places. Anyone with a refusal from the London Ballot can apply by E mailing Adele. (TR) to put on Website.

Vouchers; . PB has negotiated with Kongs in Keswick, and the store has given the option of supporting all our races at the rate of 50%, or fully supporting just 2-3 annually; the first option was generally preferred. PB will contact Kongs regarding using their vouchers on-line. GH has had a voucher returned from Weasdale, with the winner donating it back to the club, thinking they could not make use of it. A link to Kongs from the club website will be set up;(TR) There will be a mobile shop at the Ravenstonedale race.

Training Dee Mason has set up timed 5 km runs in Sedbergh (9.00am each Saturday) Sessions are based on a 'Park Run' type format. There is a Fb for more information. A rota has been organised for leading/timing. GH will send a list of all the training activities in Sedbergh to TR so they can be put on the Website.

The KS Hobbler group has continued as an intermediate session at 6.00pm on weds as well as the Sunday morning session. The format will return to a full beginners programme in the NY . (AR to e mail leaders and publicise using revamped posters from last year.)AJ to send spares to AR.

Juniors We now have a team of 6 juniors participating in a cross country league. They have already competed at Chorley, the next race is scheduled for 29/10/16. Training sessions are going well, with darker evenings upon us, the KS meets will be restricted to the playing field. Petzl has been approached re the possibility of sponsorship/ provision of torches. PC has access to inexpensive torches through work.

Georgia and Pete are Welfare officers.

KIT; Heather Thomas has taken over the role of kit manager. New stock has been ordered and vests are expected to arrive very soon. Heather's contact number is on the website.

GH is in the process of changing the banking system to on-line, this will make it much easier for Heather to pay for kit.

Sedbergh Sports Day; A cheque for £2,800 will be presented to the primary school on 20th October. The Westmoreland Gazette will be in attendance; this will be excellent publicity for the club. GH will investigate acquiring a giant sized cheque

IAN HODGSON RELAY Feed back. Howgills had a successful outing, we entered 2 teams, the first team came 27th the second 64th out of 70. Well done to all participants.

COMMITTEE MATTERS

ACCOUNTS;

£2,800 will be donated to the Primary School

WDTR donation will be £ 1000

Leadership courses costs £2200

Balance £2224

In future our donations will be published on the website, we need to consider a role for a PR person to publicise the Harrier efforts.

MEMBERSHIP; England Athletics plan to increase fees by £1.00 each year for the next 4 years. The club's subs will need to reflect this. In addition the club pays £100 per year for its membership. Jane wanted to confirm that we will continue to use 1st Sept as the cut off date ; ie anyone joining the club after that date will avoid subs for that year and only need to pay EA (if they wish to race).

COMMITTEE STRUCTURE & ROLES ; A sub- meeting had started discussions re making the roles of committee members clearer, and exploring the possibility of introducing new roles in order to share the work load. GH suggested a newsletter which would keep members abreast of club activities, this could be written straight onto the website. The feeling was that we would benefit from 1) appointing a PR/press/promotional person.

2)Early appointment of team captains , for organising relays and perhaps team training sessions.

3)Cultivating a culture of everyone lending a hand to the running of the club.

RW will e mail a draft copy of the suggested roles to committee , can we then please feed -back all suggestions/comments to him by the end of October. This will give time to formulate a plan for discussion at the next meeting.

WEBSITE;. TR will investigate changing the host company to see if the issues re sending e mails can be resolved. We may need a 3rd party to help solve any residual problems. we need to encourage shared responsibility of the website, with more members posting information to help spread the work load and keep things more up to date.

DATE AND TIME NEXT MEETING

MONDAY 14TH NOVEMBER 8.00pm AT THE DENTAL SURGERY IN SEDBERGH.

Howgill Harrier Committee Meeting Minutes

5th Sept 2016 at The Fat Lamb

Those present: Fraser, Eddie, Alan, Pauline, Britty, Georgia, Richard, Brian, Steve,

Apologies: Terry, Adele and Jane Oakley

Weasdale:

- £405 in total

- Learning points – Fraser to contact Adrian Verity regarding buying 4 – 6 radios to aid communication between marshals
- Fraser to develop a safety plan and de-brief for all marshals as our duty of care.
- John Chapman (mountain rescue) has raised issue of the importance of wearing appropriate clothing for all marshals (some were inappropriately dressed for the weather conditions at Weasdale)
- Club to look into getting a waterproof sheet and china pencil to record numbers in bad weather
- Learning outcome – need more marshals next year and shelters.
- Obtain shelters and pass these on to be available for all race

GWT race:

- GH to email Pauline with race entries
- £390 of prizes donated from Kong Adventure
- Eddie to photocopy FRA forms
- Pauline has sorted spot prizes
- More helpers needed – Eddie to put note on FB and people to contact Fraser
- Trevor to put flags out for juniors and Eddie to map out course with Steve on Fri night.

Summer junior camp:

A great success, thanks to Rich Wells and Brian Pennington for organising this

Mid Lancs Cross Country:

HHarriers to put in teams, both juniors (aged 8 and over) and seniors if interested.

Kit:

Georgia has ordered new vests £10.50 plus VAT by going direct to factory

Heather Jackson to take over of ordering kit and holding stock in Sedbergh

Junior Conference:

Planned for June 2017

Commercial director Jason Duffy from sedbergh school is keen to host and give access to the school's facilities at cost price.

Junior FRA co-ordinator has also backed the plan

Rich Wells to contact local clubs to gauge interest. Plan is to send 2 juniors per club

Ian Hodgson and FRA relays

Team captains – Sam Fisher and Rob Crawford for the FRA. Georgia has passed all info on regarding SI entry and captain's responsibility to follow all the rules/regs

Brian Pennington and Rob Crawford captains for the IH

Next Meeting:

Date and Time next meeting; 5th September at the Fat Lamb Ravenstonedale

HOWGILL HARRIERS

Committee Meeting 15th August 2016 The Fat Lamb Ravenstonedale

Present;

Eddie Close, Adele Roche, Alan Jackson, Georgia Houghton, Terry Roche, Brian Pennington, Jane Oakley, Pauline Tyson. Paul Brittleton.

Sedbergh Sports 2016; Despite a very wet day, the event was a success. Numbers were down due to the adverse weather, Expenses are still being sorted by Georgia; with payments made to the PTFA, Mr Pratt, the marquee and the portaloo companies.

Weasdale Fell Race 20th Aug 2016; PB has kindly agreed to organise the fell race Fraser's absence. He has sourced a new sponsor; Kong Adventures 'in Keswick, so, we now have £410.00 worth of free vouchers, plus 350 free running numbers. Paul will supply the shop with a list of our other races in order they may be able to offer further sponsorship in the future. The store will offer 15% discount to club members, goods can also be purchased on line, and there is a mobile trade van which can attend events. PB will contact the show organiser to confirm that there will be no charge for the van at the show.

As Sean and Zoe are planning to wed this Saturday morning and then attend the race afterwards, the committee felt it appropriate that any remaining vouchers be offered to them as a wedding gift from the club.

Jim Mattinson will present the trophy for the Howgill series after the race. Marshalls still need to be confirmed but Alan Jackson, Jane Oakley and Graham Moffat have volunteered so far. It was agreed that marshals meet at 12.00 to finalise arrangements. Ed and Steve Moffat will flag the route the evening previously. Ed has water and cups. Georgia handed the float of £93.40 to Adele for use at the race. John Chapman agreed to be first aider as we have no confirmation that Mountain Rescue will be attending.

Entry is £8.00 on the day. Terry and Adele will help with registration, Terry will organise the timing, and more volunteers will be helpful with this. Ed has bought an event dome tent, which he will take to races to provide a degree of shelter.

Westmorland Trail Race 10th Sept 2016. After some confusion regarding the cost of race entry, £8.00 / £10.00 pre entry and £10 /£12.00 was agreed. Juniors will race for £2.00, and prizes here will be cash (£3.00.£2.00 £1.00). The FRA entry forms will be used with the age categories specified as on this. Jane O has plenty of spare ribbons from the Appleby 10km race so, it seems a good plan to order 'taking part' medals for the juniors. Adele has a Running Imp catalogue which we could use. HH usually organise the junior course. Pauline has managed to secure a number of sponsors. The float, club pc, timers etc, will all need to be taken to Crosby from the Weasdale race as Adele and Terry are away. Someone will also need to be responsible for timing.

Ravenstonedale 10 km road race 26th Nov (Saturday) Start times for the race will be as last year (12.00 juniors and 1.30 seniors) . Race entry will be £ 8.00/£10.00 pre-race, and £10.00/£12.00 on the day. Sian and John Chapman have kindly agreed to provide first aid cover. Adele will need to organise the race licence.

Ian Hodgson Relay 2nd Oct Georgia has registered 2 teams (open and mixed) for the race. It was suggested that Nina be asked to organise one team and Brain agreed to be responsible for the other

FRA Relays 2016 ; This year will be in Luss Scotland. Georgia will check availability to registering two teams.

Monday Eve Summer Training Venues KS 6.45pm

Meeting points as follows

22nd August The Thrang (Mallerstang, by the gate leading to the Lady Annes Way)

29th August Crosby Garret

5th sept Fell End at the Clouds (to be followed by the next meeting at the fat Lamb)

12th Sept Orton

19th Sept Borrowdale (west of the M6 motorway bridge)

26th Sept Smardale (meet at Terry and Adele's house as parking restricted at the nature reserve)

Road options can be available if anyone prefers not to run on the fell.

Next Meeting: Monday 15th August – 8pm at Fat Lamb

Howgill Harrier Minutes - Mon 4th July

Apologies: Adele Roche, Jane Oakley and Alan Jackson

Present: Fraser Livesey, Eddie Close, Brian Pennington, Phi Cooper, Steve Moffat, Terry Roche, Georgia Houghton, Dee Mason, Chloe Brown

1. Kirkby Stephen Sports – an overall success. Very good junior turnout and support.

To consider more signs for next year regarding directions to the venue. HHarriers to find out how much money was raised on the day.

GH to send thank you card to Mr and Mrs Dent for all their assistance with making the fell race possible.

2. Sedbergh Sports – People to text Fraser if they can help. He has a list of people available for marshalling/admin/gate duty etc.

To set up marquee on Friday night from 5pm.

Back up plan (Roger Bainbridge) if need to move venue at last minute.

3. GH to send off application for the IH relays – one Open and one Mixed team

4. Sedbergh Hills – opportunity given for HH to take on this established event:

GH to post on FB if anyone would be interested in being race organiser. Would need a separate committee for this. Terry to put it on website. ? to share the role with Dallam if no-one initially comes forward. To discuss again at the next meeting.

5. Level 1 Training course – To finalise the date. Richard Wells has contacted the organiser who thinks he can move it to Sunday 11th We can then confirm numbers once this has been approved. Fraser, Phil and Georgia to attend then ? for 2 others.

6. Dee Mason and Chloe Brown have put forward expression of interest in organising a 5km run on Saturday mornings. Separate to the hobbler sessions. Not a formal park run but to have timings. No liability insurance needed if just a fun run. Not restricted to members only.

To call it a different name then to register this with 'Run England'

Adults to supervise their own juniors.

Dee and Chloe need to complete a health and safety assessment of the route(s) and people would need to register as individuals with 'Run England'. Support given from the club, lots of interest in Sedbergh so it should be a good turn out.

7. Brand Proposition document given to committee members, devised by Richard Wells – to discuss the potential rebranding of kit and our club ethos. The general consensus was to keep our original logo but keen interest to expanding the kit on offer – suggestions included waterproofs/fleeces.

GH to email the document to the committee for discussion at the next meeting and invite Rich Wells to attend. People to be encouraged to write comments/add suggestions.

8. Richard Wells has formally applied to join the Mid Lancs Cross Country League. They will officially accept us at their AGM in August. Races normally start at the end of sept. ? to hope to put out a senior team to go with the juniors – good interest with this.

9. Richard Wells – has had a positive meeting with Jason Duffy from Sedbergh School in relation to the draft plan for a conference/bid. Another meeting is scheduled on 25th Aug with Nicky Millington, the commercial director. HH again gives its support with this.

GH to email the document to the committee for discussion at the next meeting and invite Rich Wells to attend.

1. Junior website re-write is in progress

1. Georgia Houghton and Pete Holton continue to chase DBS numbers from all those with coaching qualifications in relation to updating our welfare policies.

Next Meeting: Monday 15th August – 8pm at Fat Lamb

HOWGILL HARRIERS

Committee Meeting 13th June 2016 The Fat Lamb Ravenstonedale

Present;

Eddie Close, Phil Cooper, Fraser Livesey, Adele Roche, Alan Jackson, Georgia Houghton, Terry Roche, Brian Pennington, Jane Oakley, Jack Oakley.

Kirkby Stephen 10km Race 2016; Total number of senior runners was 58, juniors 42. For the first time this was held on a Wed eve and the feedback was generally very positive. Donations for the tea and cakes came to £52.00 which covered the cost of the hall and the tray bakes. Terry to E mail Alan with a list of the junior participants for adding onto the championship table.

KS sports eve 1st July 2016; Venue will change to the Rugby club this year and a new trail route has been organised .Frazer is due to pick up flyers tomorrow and these will need to be distributed to publicise the event and encourage juniors to attend. Steve is organising marshals. Age bands for the juniors is to be confirmed but may include a special u6 group. Entry costs are £3.00 seniors and £1.00 juniors.

Sedbergh Sports 9th July 2016. This is a British and English championship race, with over 500 entrants expected. No entries on the day. Anyone who has not paid will not be allowed to run. A reminder to all HH members will be posted on Fb, re pre-race registration only. Gates will open 12.00 mid -day, it will be helpful if all volunteers could arrive well before this. Helpers will be needed the night before in order to set things up, many hands will be useful especially for supervision of the finishers funnel. Frazer will organise bib numbers once Terry supplies the totals in each race. Registration will be easier if the entrants are organised alphabetically. There will be separate races for the males and female runners. We have a timer missing, e mail to be sent to Simon Mounsey to see if he still has a timer after the Orton race in Sept. Frazer has arranged for 12 toilets to be delivered. The PayPal account has now finally been sorted by Georgia and the £8000 has been transferred to the Harriers account. The agreement is to pay the PTFA £1.00 per runner for provision of tea and cakes. A marquee will be needed. Prizes will be in the form of vouchers; Pete Bland is helping to support the event by supplying some of the winner's prizes. All runners will have agreed to the terms and conditions of the FRA when they registered for the race.

A junior fell race will follow the main event.

Membership ; Jane reported that the club currently has 209 members, 71 of these are juniors with 104 of these being EA affiliated.

Coaching for Juniors; Richard Wells is organising places for a level 1 coaching course (total of 5 to be funded by the club) to be held Sept 10th. This is pitched at a similar level to the LIRF, so members with this qualification should be able to progress straight to the level 2 course which is scheduled for the 3rd and 4th of Sept, with the second part on the 8th/9th Oct at Hebden Bridge.

Brian and Richard are looking to organise a junior HH team, to compete in local cross country/trail races. The Mid Lancs cross country races are between Sept and March, and could be used.

Hobblers Sunday morning sessions have continued at KS from the cricket ground although in a much less formal structure. The possibility of starting another complete beginner programme in Sept was discussed. In general, the beginners have made

excellent progress with many of them joining the club and even taking part in 10km races now!

Nine Standards Path; Georgia will send a cheque for £500.00 from the club as a donation towards the upgrading of the footpath. 50% of this will be repaid back to the Harriers from the 9 Standards race proceeds.

Westmorland Trail Race Sept 2016 ; We already have 15-20 pre-race entries. A flyer for the event should be available to download from the UK results website. Coops will copy this to publicise the event this year.

Monday Eve Summer Training Venues KS 6.45pm

Meeting points as follows

4th Jul Fell End (below the Clouds few 100m beyond the cattle grid.)

11rd Jul Bowderdale (by the bridge at 2 cottages.)

18th Jul Brough(near the memorial at the central village)

25th Jul Cautley (cross keys)

Road options can be available if anyone prefers not to run on the fell.

AOB;

Sponsorships; Mo Kelly has sent an e mail requesting that the club organise a fell race , with the proceeds going to the sponsorship of her New York Marathon. Adele will compose a reply explaining that the club is committed to a busy summer and can support her efforts but cannot organise a race on her behalf. The suggestion was that she place donation boxes at club races and perhaps organises a social/fun-run event which requires no registration or timing, then members will be encouraged to participate. Many other members are busy fundraising for various causes and the club cannot commit to all of them.

Kit check; Jane fisher is set to complete an up to date check list of all the kit stored by the club. Frazer seems to have found a direct link to the printers and will explore this as a money saving option.

Date and Time next meeting; 13th June at the Fat Lamb

HOWGILL HARRIERS

Committee Meeting 9th May 2016 The Dalesman Sedbergh

Present;

Eddie Close, Phil Cooper, Fraser Livesey, Adele Roche, Alan Jackson, Steve Moffat, Georgia Houghton, Terry Roche, Brian Pennington, Paul Brittleton, Chloe Brown, Richard Wells, Jane Fisher, Jim fisher

Cautley Fell Race 11th May ; Paul has most aspects organised; (marshalls, numbers, flags, entry forms , pins and float of £100.00) car parking will be free but a donations box will be provided.£60.00 has been given to the Cross Keys. The inn will provide food to purchase. Terry will organise the timing. £300.00 worth of vouchers has been purchased to be used as prizes. Entry is £6.00, and the race starts at 7.00pm, all volunteers to meet as near to 5.30 as possible.

HH Juniors; Richard Wells has volunteered to establish a more structured and formalised training for the juniors at Sedbergh. All documents relating to this were circulated to the committee ahead of the meeting. These included volunteer forms, registration and medical details, the committee approved all forms. Terry will forward the updated club logo to Richard. Registration details are already organised by the membership secretary, and medical details will need to be available at each session.

Sarah Holton volunteered to be one of our Welfare Officer, we still need a male volunteer.

Richard has liaised with other clubs to gather ideas; initial set up costs are minimal, and both he and Brian are prepared to commit to organising a junior session on Tuesday evenings for juniors age 6 to 18 years, the plan is t set up staged progression , age groups will possibly need to be split. The ideal ratio of coaches to juniors is 12:1 , so more leaders will soon be needed. There was some discussion regarding sourcing junior vests, particularly for racing. It was proposed that we contact helm Hill, their junior vests cost £14.

Terry will set up a 'junior page 'on the website. A closed Facebook page was proposed so that all parents will be able to access information.

Junior Championship. Due to difficulties collating attendances at training sessions, and the discrepancies between facilities at KS and Sedbergh, it was agreed that points will only be awarded for the juniors at Championship races. A male and female champion will receive a trophy. In addition nominees for the 'best improved/ best effort' will also be taken to decide on additional awards.

KS 10 Km Road Race Wed 25th May 7.15pm, junior fun run at 6.15pm. Only 4 pre race entries to date, Adele has organised the race licence and Noel Hakeman has agreed to be adjudicator. Entry is £10, pre-race, £12.00 on the day with £2.00 discount for affiliated runners. Junior entry is £2.00 and the fun run will be off road in the direction of Greenriggs. Steve will check that the Dents are definitely aware of the race. Vouchers left over from Cautley can be used as prizes; Paul has a contact at the co-op and may be able to secure some prizes for the juniors. Tray bakes, tea and coffee need to be organised, volunteers will be needed to marshal and man the water station. John Chapman has agreed to be first aider. Pins, numbers and timer are in the 'race box'.

Sedbergh Sports Friday 8th July; This will be an England and British Championship, so far, we have 420 pre-race entries. As the field will be large, we need to be organised regarding the timing, a long, disciplined funnel is essential to keep everyone in order.

Male and female races will run separately with an hour between, which will help. Jim is making more flags. Frazer is smoothing the way regarding use of the field as there is some concern about the grass.

KS sports; Friday 1st July; This has now moved to the rugby club. A trail race will replace the fell race, and the details of this will need to be sent to the FRA .Fraser has been liaising with the school. An alternative venue to the cricket ground (possibly the rugby club)

AOB

Nine Standards Path; The club has been asked to make a donation towards the cost of improving the path to the 9 Standard summit. It was proposed that £250.00 be given from the proceeds of the New Year's Day race, this will be matched by a donation of £250.00 from the running club.

Westmorland Dales Day 31st July 2016; Kellie Bradburn Sims has forwarded information about a proposed 'breakfast' run as part of the celebrations marking the area becoming part of the national Park. The proposed route crosses from the disused railway at Millennium Bridge, then uses the coast to coast route towards Smardale and Waitby. As this involves crossing the main road, concerns were raised re safety. It was felt that we need to contact Alex Birtles re alternative suggestions.

Monday Eve Summer Training Venues KS 6.45pm

Meeting points as follows

16th May Stennerskeugh

23rd May Crosby Garret

30th May Sunbiggin (opposite the tarn)

6th June Nateby

13th June Ravenstonedale

20th June Pendragon

27th June Weasdale

Road options can be available if anyone prefers not to run on the fell.

Bendrigg 10km Race Sat 11th June; Requests for help with timing, if anyone is willing to volunteer. Jane Fisher will put a notice out on Fb re this.

NEXT COMMITTEE MEETING Monday 9th May 8pm Dalesman Pub, Sedbergh. 7pm run beforehand

Howgill Harrier Committee Meeting 21st March 2016

Apologies: Terry and Adele

Present: Fraser Livesey, Eddie Close, Brian Pennington, Jane Oakley, Kelly Bradburn-Sims, Georgia Houghton

Kelly has asked the Howgill Harriers for some help/ideas;
The Kirkby Stephen county council are holding an event on 30th-31st July 2016 as a celebration of the Northern extension of the National Park. They were wondering if the Harriers would like to organise an activity. They have suggested a run along the boundary of the National Park, to finish in Kirkby Stephen.
After a few ideas it has been suggested that we could help organise a Breakfast club run – perhaps a 5km and 10km route. No timings or race registration, just a social club run – to invite Eden runners and open to anyone who just fancies turning up.
Plan – Kelly to discuss the idea with the council and look into a trail route along the boundary. To discuss food at the end – will there be stalls/food vans available? Also to confirm the date – whether it be on the Saturday or Sunday.

Kirkby Stephen Sports – 1st July
Change of venue to the rugby club. Need to sort out a new race. Eddie will speak to Steve Moffat. Howgill Harriers will sponsor the fell races.

Kirkby Stephen 10km – Weds 25th May
John Chapman has confirmed he'll be the first aider for the event.
Eddie to chat to Sharon re raising publicity for it – leaflets/flyers (and check with Terry r.e the printer voucher).
Check race is on UK results and ABC North?

Round The Howgills – Sunday 3rd April
Georgia has booked the Methodist church hall from 3-5pm
Georgia to send email out to members and put note on FB to get names prior to the event so can sort into teams.
Team Captains – Brian/Eddie/Sean/Georgia
Georgia to get chocolate eggs / beers / wine as prizes
Georgia will make soup and ask Jane Fisher (confirmed she will bring some too)
Eddie – will bring bread
Jacobs Join for cakes – note to be put in email and on FB

Sedbergh Sports – meeting on Thurs 14th April 8pm Dalesman, Sedbergh with Sally Davies, Andrew Pratt, Karen Brewer. Fraser and Eddie also to attend and anyone else who would like to.

Membership

Georgia to ask Dee to get in touch with Jane regarding England Athletic membership and going through how the system works

Hobblers

Kirkby and Sedbergh are arranging other training dates to keep peoples interest and open to everyone.

Other Matters

Brian Pennington raised discussion regarding coaching for juniors. Richard Wells is happy to take a lead on this and attend the FRA course in Kendal on 15th May – confirmed from Fraser and Eddie that the harriers can fund this (£160). Richard has been in touch with the chairman of Helm Hill and 16 of their members have attended the course. They have 100 juniors and 50 on a waiting list. Plan is to offer more structure to our juniors and would anyone else be interested in this course from Kirkby Stephen?

Next Meeting:

Monday 9th May – 7pm Dalesman for a run, 8pm meeting to start.

Howgill Harrier Committee meeting 15th Feb Dalesman Sedbergh

Apologies

Sharon Woodhouse, Chloe Brown

Present

Phil Cooper, Eddie Close, Georgie Houghton. Terry Roche, Adele Roche, Dee Mason, Alan Jackson, Jane Oakley, Brain Pennington, Frazer Livesay

Kirkby Stephen 10KM race

Decision made to try running the race on a wed eve; 25th May, with juniors running at 6.15 pm and Seniors at 7.15pm, from the Grammar school.

Adele will organise the Race License, Frazer agreed to be named as first aider for the time being although he would prefer to run if possible. We will organise the defib. It may be possible to contact either Libby Bateman or Julie Forster at Waitby, two of our local first responders.

Spinning Classes should be finished by the end of the race so we can use the area sports hall for refreshments. We need to liaise with Pauling Tyson re this. Traybakes seem to have been a success in the past.

Terry volunteered to organise flyers for publicity. Coops will e-mail him flyers with the registration form. Details to be considered are prizes and race numbers.

Round the Howgills

Scheduled for Sunday 3rd April; meeting at Loftus Hill CP at 12.30 for a 13.00 start time. Ed has the trophy. Ed, Georgia, Brian and Sean were nominated as team leaders, to encourage members to participate. Teams will be decided on the day. Information needs to be publicised on the website and on Face book.

KS Sports

Friday 1st July. A meeting is to be scheduled to discuss the arrangements for the race, this will include a change of venue, probably to the rugby club. Frazer and Ed will attend. The venue change will affect the fell race and a new route, probably trail will be decided. A possibility of incorporating a 5Km Race, as a goal for some of the Hobbler's, was suggested. We need to encourage juniors from Sedbergh to attend.

Sedbergh Sports

9th July. this is scheduled to be a British Championship race this year As entry numbers are likely to be high, Terry was asked to organise race registration using paypal via the website. Entry will be £8.00. A pre entry list will be

available at the gate, so entry to the sports field will be free to all runners

Howgill Harrier subs

Jane Oakely has kindly taken over as membership secretary, she reports that we have approx 120 paid up members already, so things are going very well so far this year. Another E mail reminder will be sent to everyone.

A New Sedbergh Race

Suggestions were made to introduce a new race in the Sedbergh area. Holme Fell is a possibility, as is a re-start of the Cautley 10. consideration needs to be made re parking. Decisions and further discussion will take place later.

An Away weekend

It was proposed that the club could consider a weekend away, possibly incorporating a race. Adele has already entered a team into the Equinox Race in Sept, This is a 24 hour 10km relay a trail event within the grounds of a stately home in Leicestershire. As long as there are still places, then more teams could be entered if anyone is interested. Teams can be between 2 and 8 members, It is also possible to run solo!! The plan is to camp and then run in turns.

Juniors

Alan has a system in place to collate the points accrude by juniors attending circuits,training and taking part in Junior championship Races. A cup will be awarded at the next AGM to the male and female juniors with the most points.

Date and Time of next Meeting

Fat Lamb 21st March at 8.00pm. Meet at Ravenstonedale village 6.45pm for a run beforehand.

AGM 10th Feb 2016 Sports and social Club Kirkby Stephen

Apologies

Dee Mason, Jane Oakley, Lynn and Kev May, Steve Moffat

Present

Phil cooper, Eddie Close, Adele Roche, Terry Roche, Frazer Livesay, Cloe Brown, Jeanette Cooper, Paul Brittleton, Jimand Jane Fisher, Sharon Woodhouse, Alan Jackson, Robin Hayward, Brian Pennington.

Chairmans Report

Phil thanked the committee and members for all their hard work, helping to make 2015 another successful year for the Harriers.

Treasurers Report

Georgia reported a heathly balance if £3,184,54p in the account. Several substantial donations have been made by the club to various good causes and it was suggested that we publicise this more. Terry requested a list so that it could be posted on the website.

Junior Championship Cups

Alan is co-ordinating the collection of points. All juniors will be awarded one point for attending a training session, and one point for taking part in a Championship race. The races are as follows and will be posted on the website.

8th May, Long Marton
28th May, Hutton Roof
26th June Appleby Fun Run
1st July KS Sports
3rd July Brampton Sports
9th July Sedbergh Sports
24th Sept Orton

Hobblers

The beginners sessions were launched in the New Year and have been a great success both in KS and in Sedbergh. In total, almost 100 runners have registered. Leaders need to discuss ways of developing the project, encouraging members to progress and ultimately to join the Harriers.

Championship races for 2016

1st Jan 9 Standards (fell)
27th Feb High Cup Nick (fell 9.3miles)
13th Mar Cautley winter League (fell 4miles)
20th April Keswick Round the Houses (road 10km)
8th May Long Marton (road 10km)
28th May Hutton Roof (fell/trail 7miles)
15th Jun Hawkshead (road 10km)
3rd Jul Bampton Sports (fell 8.8km)
28th Aug Grassmere Sports (fell 1.6 miles)
24th Sept Orton (fell 10km)
9th Oct Richmond Castle (road 10km)
6th Nov Derwent (road 10miles)
Dec (TBC) Really wild Boar (fell 5 miles)

Election of Committee Members

President Frazer Livesay
Chairman Eddi close
Vice Chairman Brian Pennington
Treasurer Georgia Houghton
Secretary Adele Roche
Membership sec Jane Oakley
Website manager Terry Roche
Junior organiser Alan Jackson
Kit manager Jane Fisher
KS rep and PR person Sharon Woodhouse
Sedbergh rep Chloe Brown

Phil and Steve Moffet will continue to attend meetings and support the committee. Welcome to all new committee members and a big thankyou and well done to Phil in his outstanding role as chairman.
